

# Glucose-dependent insulintropic polypeptide (GIP) receptor deletion leads to reduced bone strength and quality.

Aleksandra Mieczkowska, Nigel Irwin, Peter-R. Flatt, Daniel Chappard, Guillaume Mabileau

► **To cite this version:**

Aleksandra Mieczkowska, Nigel Irwin, Peter-R. Flatt, Daniel Chappard, Guillaume Mabileau. Glucose-dependent insulintropic polypeptide (GIP) receptor deletion leads to reduced bone strength and quality.. BONE, Elsevier, 2013, 56, pp.337-42. 10.1016/j.bone.2013.07.003 . hal-03262094

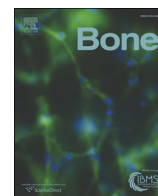
**HAL Id: hal-03262094**

**<https://hal.univ-angers.fr/hal-03262094>**

Submitted on 16 Jun 2021

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



## Original Full Length Article

# Glucose-dependent insulintropic polypeptide (GIP) receptor deletion leads to reduced bone strength and quality

Aleksandra Mieczkowska<sup>a</sup>, Nigel Irwin<sup>b</sup>, Peter R. Flatt<sup>b</sup>, Daniel Chappard<sup>a</sup>, Guillaume Mabileau<sup>a,\*</sup><sup>a</sup> LUNAM Université, GEROM-LHEA, Institut de Biologie en Santé, Angers, France<sup>b</sup> School of Biomedical Sciences, Ulster University, Coleraine, United Kingdom

## ARTICLE INFO

## Article history:

Received 15 April 2013

Revised 1 July 2013

Accepted 2 July 2013

Available online 10 July 2013

Edited by: David Burr

## Keywords:

GIP

GIPR

Bone quality

Nanoindentation

Bone strength

Gut hormone

## ABSTRACT

Bone is permanently remodeled by a complex network of local, hormonal and neuronal factors that affect osteoclast and osteoblast biology. In this context, a role for gastro-intestinal hormones has been proposed based on evidence that bone resorption dramatically falls after a meal. Glucose-dependent insulintropic polypeptide (GIP) is one of the candidate hormones as its receptor, glucose-dependent insulintropic polypeptide receptor (GIPR), is expressed in bone. In the present study we investigated bone strength and quality by three-point bending, quantitative x-ray microradiography, microCT, qBEI and FTIR in a GIPR knockout (GIPR KO) mouse model and compared with control wild-type (WT) animals. Animals with a deletion of the GIPR presented with a significant reduction in ultimate load (−11%), stiffness (−16%), total absorbed (−28%) and post-yield energies (−27%) as compared with WT animals. Furthermore, despite no change in bone outer diameter, the bone marrow diameter was significantly increased and as a result cortical thickness was significantly decreased by 20% in GIPR deficient animals. Bone resorption at the endosteal surface was significantly increased whilst bone formation was unchanged in GIPR deficient animals. Deficient animals also presented with a pronounced reduction in the degree of mineralization of bone matrix. Furthermore, the amount of mature cross-links of collagen matrix was significantly reduced in GIPR deficient animals and was associated with lowered intrinsic material properties. Taken together, these data support a positive effect of the GIPR on bone strength and quality.

© 2013 Elsevier Inc. All rights reserved.

## Introduction

Bone is a living mineralized material, highly complex and constantly remodeled in mass and architecture to adapt and repair the damage induced by growth, ageing and mechanical stress. In order to maintain constant bone mass, bone remodeling necessitates a spatio-temporal coupling between osteoclasts, the bone-resorbing cells, and osteoblasts, the bone-forming cells. Thus, bone remodeling is a complex process tightly regulated by a network of local, hormonal and neuronal factors that act on osteoclasts and osteoblasts. A role for the gastro-intestinal tract in bone remodeling has been suggested with the evidence that the modulation of serum markers of bone resorption is mirrored with the profile of gut hormone release after a meal [1,2].

Glucose-dependent insulintropic polypeptide (GIP) is an important gastro-intestinal hormone synthesized and secreted into the blood stream by intestinal endocrine K cells after ingestion of a mixed meal [3–5]. To induce a biological response, GIP binds to a

specific glucose-dependent insulintropic polypeptide receptors (GIPRs), expressed in the endocrine pancreas, gastrointestinal tract, brain, immune and cardiovascular systems, testis, pituitary, lung, kidney, thyroid, several regions of the central nervous system and adipose tissue [6]. The presence of a functional GIPR has been evidenced at the surface of osteoblasts and osteoclasts [7–10]. However, the role of GIP in bone physiology remains unclear. *In vitro*, it seems that GIP stimulates the synthesis of collagen type I and TGF- $\beta$  by osteoblasts [11,12], whilst it directly inhibits RANKL-induced osteoclast bone resorption in raw 264.7 cells [10]. However, despite these *in vitro* results that suggest an anabolic effect of GIPR signaling in bone, inconsistent results have been reported regarding the physiological role of the GIP/GIPR pathway *in vivo*. Although Xie et al. reported a lower bone mass in a mouse model of GIPR deficiency [13], we recently reported, in a separate model of GIPR deletion, the opposite skeletal phenotype with an increase in trabecular bone volume associated with a modification of the adipokine network [14]. Nevertheless, in our model, we also observed that the intrinsic properties of the neo-synthesized trabecular bone matrix were decreased suggesting a possible effect of GIPR deficiency on bone strength [14].

Bone is a highly sophisticated connective tissue that is organized from the molecular to the anatomical level to resist and adapt to mechanical strain. As such several levels of organization account for bone

\* Corresponding author at: GEROM-LHEA UPRES EA 4658, Institut de Biologie en Santé, Université d'Angers, 4 rue Larrey, 49933 Angers Cedex 09, France. Fax: +33 244 688 451.  
E-mail address: [guillaume.mabileau@univ-angers.fr](mailto:guillaume.mabileau@univ-angers.fr) (G. Mabileau).

strength and include not only material properties of the bone matrix, but also texture of the collagen matrix, bone microarchitecture and bone macroarchitecture [15]. However, little is known about how the GIP/GIPR pathway affects these different levels of organization in bone. The aims of the present study were to investigate bone strength and quality in male mice with genetic deletion of the GIPR. Our results suggest that GIPR-deficient mice have significant alterations of the cortical microarchitecture and material properties that undoubtedly result in reduced bone strength. These findings support a positive role for the GIP/GIPR signaling pathway in controlling bone strength and quality.

## Materials and methods

### Animals

Male mice presenting with a deletion of the GIPR were used in this study. The background and generation of GIPR-deficient mice used in this study were derived from an in-house breeding colony originally described elsewhere [16]. Sixteen weeks old mice were used in the study. Two animal models of GIPR deletion exist and age of the animals in the present study was chosen based on our previous observations of bone alterations in this model [14]. Age-matched wild-type (WT) mice obtained from our animal supplier (Harlan Ltd., Oxon, UK) with the same C57BL/6 genetic background were used as controls. Mice were maintained on a 12 h:12 h light–dark cycle in a temperature-controlled room ( $21.5 \pm 1$  °C). Animals were individually caged and received food and water *ad libitum*. All experiments were conducted according to United Kingdom Office regulations (UK Animals Scientific Procedures Act 1986) and European Union laws. Animals were injected intraperitoneally with calcein (10 mg/kg) 7 and 2 days before necropsy. Animals were sacrificed by lethal inhalation of CO<sub>2</sub> and left and right femurs were collected, cleaned of soft tissue and stored in 70% ethanol at 4 °C.

### Quantitative x-ray microradiograph imaging

Quantitative x-ray imaging has been shown to be a reliable method to assess the bone mineral content of whole bone and to correlate well with bone strength as assessed by 3-point bending [17]. Digital x-ray images of the left femurs were recorded at a 12- $\mu$ m pixel resolution using a Faxitron MX20 device (Edimex, Angers, France) operating at 26 kV and a 4 $\times$  magnification. The relative mineral content of calcified tissues was determined as reported by Bassett et al. [18] with the following modifications. Briefly, a 1.5-mm thick steel plate, a 1.5-mm pure aluminum wire and a 1.5-mm thick polyester plate were used on each microradiograph and served as standards. Before converting the 16-bit DICOM images into 8-bit tiff images, the histogram was stretched from the polyester (gray level 0) to the steel (gray level 255) standards using ImageJ 1.45 s. Increasing gradations of mineralization density were represented in 16 equal intervals using the 16-colors lookup table in ImageJ 1.45 s.

The frequency of occurrence of an  $i$  gray level ( $F_i$ ) was calculated as follows:

$$F_i = 100 \times \frac{N_i}{N_t}$$

where  $N_i$  represents the number of pixels with the  $i$  gray level and  $N_t$  the total number of pixels. The distribution of frequency as a function of gray level was plotted and the mean gray level ( $GL_{\text{mean}}$ ) of each bone was deduced from this distribution using the following formula:

$$GL_{\text{mean}} = \sum \frac{F_i \times GL_i}{100}$$

where  $GL_i$  represents the value of the  $i$  gray level.

### X-ray microcomputed tomography

MicroCT analysis was performed in the left femurs with a Skyscan 1172 microtomograph (Bruker-Skyscan, Kontich, Belgium) equipped with an X-ray tube working at 69 kV/100  $\mu$ A. The pixel size was fixed at 3.75  $\mu$ m, the rotation step at 0.25° and exposure was performed with a 0.5-mm aluminum filter. The region of interest (VOI) was located in the middle of the femur diaphysis. External bone diameter (B.Dm in mm), marrow diameter (Ma.Dm in mm), cortical thickness (Ct.Th in  $\mu$ m), and cross-sectional moment of inertia (CSMI in mm<sup>4</sup>) were measured with a lab-based routine made with ImageJ 1.45 s (NIH, Bethesda, MD) according to guidelines and nomenclature proposed by the American Society for Bone and Mineral Research [19].

### Bone histomorphometry

Left femurs were embedded and undecalcified in poly (methylmethacrylate) (pMMA) at 4 °C to preserve enzyme activities. Sections (7- $\mu$ m thickness) were cut on a heavy duty microtome equipped with a 50° tungsten carbide knife. For each animal, four non serial sections (~50  $\mu$ m apart) were left unstained for the measurement of calcein-based parameters (original magnification  $\times$ 400) and four sections were stained for the osteoclastic tartrate resistant acid phosphatase (TRAcP – original magnification of  $\times$ 200) as previously described [20]. Only TRAcP-positive nucleated cells in contact with endosteal surface were counted as osteoclasts. Standard bone histomorphometrical nomenclatures, symbol and units were used as described in the report of the American Society for Bone and Mineral Research [21].

### Bone mechanical testing

Three-point bending experiments were performed using right femurs. Before mechanical testing, femurs were rehydrated in saline for 24 h at room temperature as described elsewhere [22]. Three-point bending strength was measured with a constant span length of 10 mm. The press head as well as the two support points were rounded to avoid shear load and cutting. Femurs were positioned horizontally with the anterior surface facing upwards, centered on the support and the pressing force was applied vertically to the midshaft of the bone. Each bone was tested with a loading speed of 2 mm min<sup>-1</sup> until failure with a 90 N load cell. The load–time curve obtained was converted into a load–displacement curve by the MTS testSuite TW software (MTS, Crêteil, France). Ultimate load and ultimate displacement were respectively defined as the maximum load and maximum displacement recorded before break-down of the bone. Stiffness was calculated as the slope of the elastic deformation of the bone. The total absorbed energy was defined as the total area under the load–displacement curve and represents the total energy absorbed by the midshaft femur. The yield was defined as the load necessary to initiate the transformation from elastic to plastic deformation. The post-yield energy was defined as the area under the load–displacement curve from yield until failure and represents the energy absorbed by bone during plastic deformation.

### Quantitative backscattered electron imaging (qBEI)

Quantitative backscattered electron imaging was employed on the femurs to determine the bone mineral density distribution (BMDD) as previously reported [23,24]. Polymethylmethacrylate blocks were polished to a 1- $\mu$ m finish with diamond particles, carbon-coated and observed with a scanning electron microscope (EVO LS10, Carl Zeiss Ltd., Nanterre, France) equipped with a five quadrants semi-conductor backscattered electron detector. The microscope was operated at 20 keV with a probe current of 120 pA and a working distance of

8.5 mm. The backscattered signal was calibrated using pure carbon ( $Z = 6$ , mean gray level = 25), pure aluminum ( $Z = 13$ , mean gray level = 225) and pure silicon ( $Z = 14$ , mean gray level = 253) standards (Micro-analysis Consultants Ltd., St. Ives, UK). For these contrast/brightness settings, the BSE gray level histogram was converted into weight percentage of calcium. Eventual changes in brightness and contrast due to instrument instabilities were checked by monitoring the current probe and imaging the reference material (C, Al and Si) every 15 min. The cortical bone area was imaged at a  $200\times$  nominal magnification, corresponding to a pixel size of  $0.5\ \mu\text{m}$  per pixel. The region of interest corresponded to 2-mm centered in the midshaft femur. The gray levels distribution of each image was analyzed with a lab-made routine using ImageJ. Three variables were obtained from the bone mineral density distribution:  $\text{Ca}_{\text{peak}}$  is the most frequently observed calcium concentration,  $\text{Ca}_{\text{mean}}$  is the average calcium concentration and  $\text{Ca}_{\text{width}}$  is the width of the histogram at half maximum of the peak.

### Nanomechanical testing

Nanoindentation tests evaluated the intrinsic mechanical properties of the bone matrix. As nanoindentation assesses volume of material at a length scale less than that of individual microstructural features in bone, this technique avoids confounding factors such as bone microarchitecture and porosity that affect tissue properties at larger length scales. Tests were performed on the same sample and same location as qBEI measurements. Briefly, femurs were rehydrated overnight in saline prior to nanoindentation testing. Eight indents were positioned in cortical bone with a NHT-TTX system (CSM, Peseux, Switzerland) equipped with a Berkowitch diamond probe. The indents were made up to a depth of 900 nm with a loading/unloading rate of 40 mN/min. At maximum load, a holding period of 15 seconds was applied to avoid creeping of the bone material. Maximum load, indentation modulus, hardness and dissipated energy were determined according to Oliver and Pharr [25].

### FTIR

Sections of  $4\ \mu\text{m}$  thickness were cut dry on a heavy duty microscope equipped with a tungsten carbide knife (Leica Polycut S) and sandwiched between  $\text{BaF}_2$  optical windows. Spectral analysis was performed using a Bruker Vertex 70 spectrometer (Bruker optics, Ettlingen, Germany) interfaced with a Bruker Hyperion 3000 infrared microscope equipped with a standard single element Mercury Cadmium Telluride (MCT) detector. Infrared spectra were recorded at a resolution of  $4\ \text{cm}^{-1}$ , with an average of 32 scans in transmission mode in the same location as qBEI and nanoindentation. Background spectral images were collected under identical conditions from the same  $\text{BaF}_2$  windows at the beginning and end of each experiment to ensure instrument stability. For FTIRM analysis, 10 spectra were acquired 6-mm below the growth plate on cortical bone and analyzed with the Opus Software (release 5.5, Bruker). Sequential raw spectra for each trabecula were averaged and the contribution of the embedding polymethylmethacrylate (pMMA) and water vapor were corrected prior to baseline correction. The evaluated IR spectral parameters were (1) mineral-to-matrix ratio which reflects the degree of mineralization of the bone matrix, calculated from the ratio of integrated areas of the phosphate  $\nu_1$ ,  $\nu_3$  band at  $900\text{--}1200\ \text{cm}^{-1}$  to the amide I band at  $1585\text{--}1725\ \text{cm}^{-1}$ ; (2) mineral maturity, which reflects the apatite size and perfection, calculated as the ratio of the relative intensity of subbands at  $1020$  and  $1030\ \text{cm}^{-1}$  of the phosphate band [26]; and (3) collagen maturity, determined as the relative ratio of pyridinium trivalent (Pyr, mature collagen) to dehydrodihydroxylysinoonorleucine divalent (deH-DHLNL, new collagen) collagen cross-links using their respective subbands located at  $1660\ \text{cm}^{-1}$  and  $1690\ \text{cm}^{-1}$  of the Amide I peak [27].

### Statistical analysis

Results were expressed as mean  $\pm$  standard error of the mean (SEM). Non-parametric Mann–Whitney  $U$ -test was used to compare the differences between the groups using the Systat statistical software release 13.0 (Systat software Inc., San Jose, CA). Differences at  $p < 0.05$  were considered to be significant.

## Results

### GIPR is required for optimum bone strength

Bone strength of the femur was assessed by three-point bending and results are presented Table 1. In GIPR KO mice, ultimate load, stiffness, total absorbed and post-yield energies were reduced significantly by 11%, 16%, 28%, and 27% respectively as compared with WT animals. No differences in either ultimate displacement or yield load were observed between the two groups of animals.

### GIPR-deficiency results in altered femoral mineral density and cortical geometry

In order to further understand why bone strength was reduced in GIPR deficient animals, we investigated, by quantitative x-ray micro-radiographs, the bone mineral content of the whole femur and the cortical bone geometry. As represented Fig. 1A, bone mineral content seemed lower in GIPR KO animals and indeed, the frequency of occurrence of gray level, representing the bone mineral content, was shifted toward the left in GIPR KO mice indicating a lower bone mineral content (Fig. 1B). Furthermore, the mean gray level was significantly reduced by 5% in GIPR KO mice as compared with WT controls ( $p = 0.037$ , Fig. 1C). Microarchitectural analysis of cortical bone (Fig. 2) revealed that although B.Dm was not affected in GIPR KO animals as compared with WT controls, Ma.Dm was significantly increased by 10% in deficient animals ( $p = 0.043$ ). Consequently, Ct.Th and CSMI were significantly lowered by 20% and 18% respectively in deficient animals as compared with WT ( $p = 0.021$  and  $p = 0.032$  respectively). The number of osteoclast per endosteal surface length (N.Oc/Ec.Le) was significantly increased by 213% in GIPR KO animals ( $p = 0.034$ ). On the other hand, the MAR was unchanged at endosteal surfaces between the two groups of animals ( $p = 0.564$ ).

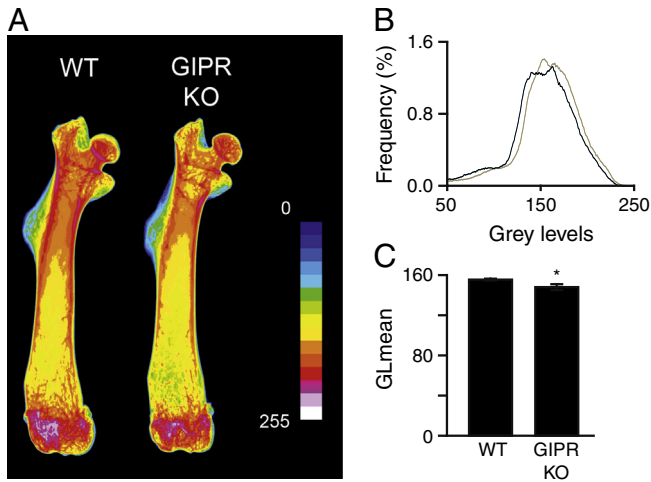
### Intrinsic mechanical properties of the bone matrix are reduced in GIPR KO mice

Another important contributor of bone strength is represented by the intrinsic bone matrix properties. As compared with WT animals, GIPR-deficient animals exhibited a significant 13% decrease in maximum load, as well as a significant 16% reduction in bone matrix hardness (Table 2). Although diminished, the indentation modulus and the energy dissipated were unchanged between the two groups of animals.

**Table 1**  
Three-point bending parameters in WT and GIPR KO mice.

	WT (n = 12)	GIPR KO (n = 11)	p Value
Ultimate load (N)	14.47 $\pm$ 0.35	12.94 $\pm$ 0.24 *	0.034
Ultimate displacement (mm)	0.31 $\pm$ 0.006	0.32 $\pm$ 0.017	0.827
Stiffness (N mm <sup>-1</sup> )	42.68 $\pm$ 0.85	35.92 $\pm$ 1.47 *	0.05
Total absorbed energy (N mm)	2.33 $\pm$ 0.09	1.68 $\pm$ 0.17 *	0.05
Yield load (N)	11.83 $\pm$ 0.45	10.21 $\pm$ 0.77	0.127
Post-yield energy (N mm)	1.52 $\pm$ 0.05	1.11 $\pm$ 0.27 *	0.05

Values are mean  $\pm$  SEM (n) \*:  $p < 0.05$  vs. WT animals.



**Fig. 1.** Femoral bone mineral content is altered in GIPR KO animals. (A) Bone mineral content as determined by quantitative x-ray microradiographs is reduced in GIPR KO animals as compared with WT. (B) Bone mineral content distribution is also reduced in GIPR KO mice (black line) as compared with WT control animals (gray line). (C) Mean gray level is also reduced in GIPR KO mice as compared with WT animals \*:  $p < 0.05$  vs. WT animals.  $N = 11-12$  in each group. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of the article.)

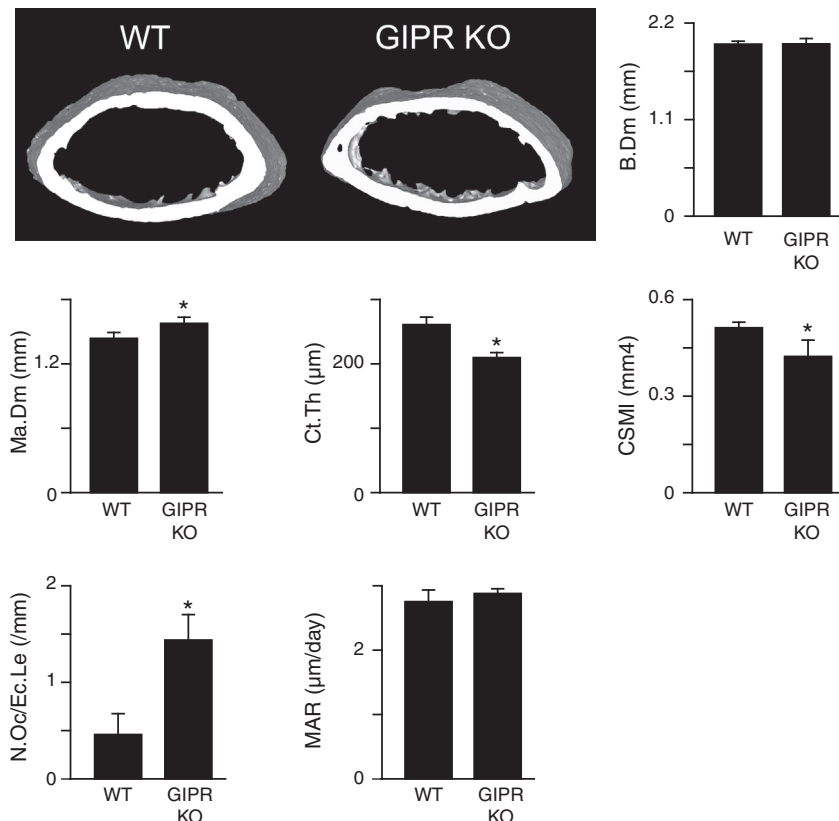
#### Collagen and mineral maturation are altered in GIPR KO mice

In order to understand why the intrinsic mechanical properties of the bone matrix were reduced, we investigated the impact of GIPR deficiency on the maturation of the mineral and collagen compartments of the bone matrix. The bone mineral density distribution in the bone matrix was investigated by qBEI in WT and GIPR KO mice

(Table 3). Interestingly, GIPR-deficient animals seemed to present with a shift to the left of their distribution of mineralization (Fig. 3). Indeed as shown in Table 3,  $Ca_{peak}$  and  $Ca_{mean}$  were significantly decreased by 12% and 11% respectively ( $p = 0.018$  and  $p = 0.045$  respectively). In contrast,  $Ca_{width}$  was significantly elevated in deficient animals by 15% ( $p = 0.044$ ). The carbonate substitution of hydroxyapatite and the mineral maturity/cristallinity, although increased and decreased respectively as compared with WT control animals, did not reach significance ( $p = 0.195$  and  $p = 0.653$  respectively, Fig. 4). However, the ratio of trivalent mature over divalent immature collagen crosslinks was significantly decreased by 16% in GIPR KO mice as compared with WT ( $p = 0.003$ ).

#### Discussion

The strength of bone, and its ability to resist fracture, is dependent not only on its mass and geometry but also on intrinsic material properties of the bone tissue itself. Bone tissue is a composite material consisting of an organic matrix, made mainly with collagen type I, in which mineral crystals are embedded. This composite material has mechanical, chemical and biological properties that differ considerably from those of either component taken separately. As such, any alteration in the organic or mineral phase of the bone matrix would result in altered bone strength. In the present study, we investigated bone strength in a mouse model of GIPR deficiency to understand how the GIP/GIPR pathway may affect bone strength. In the C57BL/6 mouse strain employed, bone tissue at the midshaft femur is composed almost exclusively of cortical bone [28,29]. Three-point bending experiments, performed on the midshaft femur, revealed a significant decrease in the total absorbed energy as well as reduction in ultimate load, stiffness and post-yield energy. These results suggest reduced bone strength in these animals. However, several factors



**Fig. 2.** 3-D models and histomorphometrical analysis of cortical bone in WT and GIPR KO mice. \*:  $p < 0.05$  vs. WT animals.  $N = 11-12$  in each group.

**Table 2**  
Intrinsic properties of the bone matrix.

	WT (n = 12)	GIPR KO (n = 11)	p Value
Maximum load (mN)	11.9 ± 0.6	10.4 ± 0.5 *	0.032
Hardness (MPa)	627.8 ± 34.4	537.6 ± 37.2 *	0.043
Indentation modulus (GPa)	12.9 ± 0.6	12.1 ± 0.4	0.253
Dissipated energy (mN nm)	3189.7 ± 176.7	2917.0 ± 123.7	0.153

Values are mean ± SEM (n) \*: p < 0.05 vs. WT animals.

might influence the outcome of three-point bending including bone microarchitecture and bone matrix intrinsic properties [30].

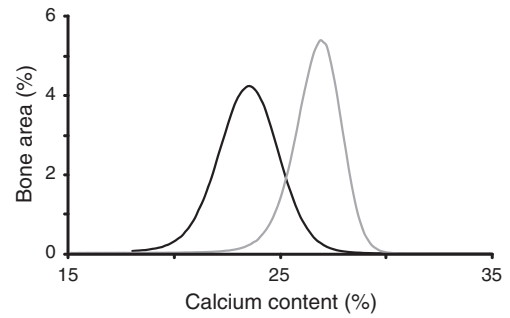
Inconsistent results have been previously reported on the trabecular microarchitecture of GIPR deficient mice, but very little is known about the effect of the GIP/GIPR on cortical bone microarchitecture. In the present study, we investigated cortical bone microarchitecture by high resolution µCT and observed a significant increase in Ma.Dm, whereas B.Dm was unchanged. As a consequence, CT.Th and CSMI were also decreased compatible with the lower bone strength observed by three-point bending. As bone formation occurs at periosteal surfaces and bone resorption at endosteal surfaces, these results suggest that bone resorption is more affected than bone formation in GIPR deficient animals. Furthermore, to add to our understanding of the role of osteoclastic bone resorption in these animals, we observed that the number of osteoclasts lying down on endosteal surfaces was significantly increased in deficient animals, also suggesting higher bone resorption. Previous reports suggest that the GIPR is expressed in osteoblasts and osteoclasts [7–10], and GIP appeared to dose-dependently reduced osteoclast resorption in RANKL- and PTH-stimulated Raw 264.7 cells [10]. Therefore the observation that Ma.Dm is increased in GIPR knockout animals is compatible with a direct effect of the GIP/GIPR pathway on osteoclasts. Nevertheless, indirect effects on bone resorption mediated by neuronal or hormonal actions due to GIPR deletion in other tissues than bone cannot be ruled out. Indeed, the GIPR is expressed in the hypothalamus and this organ has been implicated in the central control of bone remodeling by directly targeting bone cells. As such, the increased Ma.Dm could also result from activation/inactivation of specific central relays. Furthermore, we previously reported that GIPR deficient animals present with a significant reduction in fat mass in association with remodeling of circulating adipokines with specific elevation of adiponectin and reduction of leptin levels [14]. The effects of leptin on bone are complex and result from integration of hypothalamic and peripheral signals. Nevertheless, mice with functional mutation in the gene for leptin present with a low cortical bone mass in the femur [31,32]; this is associated with an augmented number of osteoclasts at the endosteal surface. As such, the decrease in circulating leptin levels observed in our GIPR KO model [14] might result in lower cortical bone mass as observed.

Another factor that strongly affects bone strength is the intrinsic quality of the bone matrix [22]. GIPR KO mice presented with a decrease in maximum load (–17%), hardness (–19%) and dissipated energy (–15%). Owing to the nanocomposite composition of bone matrix, any of the collagen or mineral phases could be involved in the reduction in intrinsic material properties. Investigation of bone mineral properties by qBEI and FTIR revealed that the degree of mineralization of the bone matrix was lower in GIPR deficient animals.

**Table 3**  
Bone mineral density distribution in WT and GIPR deficient mice.

	WT (n = 12)	GIPR KO (n = 11)	p Value
Ca <sub>peak</sub> (%)	26.9 ± 0.7	23.7 ± 0.9 *	0.018
Ca <sub>mean</sub> (%)	26.3 ± 0.6	23.4 ± 0.9 *	0.045
Ca <sub>width</sub> (%)	2.7 ± 0.1	3.1 ± 0.1 *	0.044

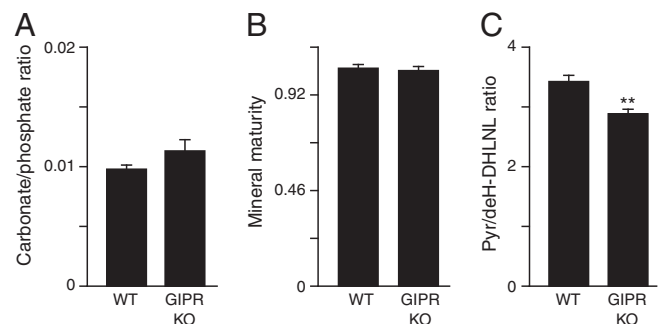
Values are mean ± SEM (n) \*: p < 0.05 vs. WT animals.



**Fig. 3.** Bone mineral density distribution in GIPR KO (black line) and WT (gray line) animals. N = 11–12 in each group.

This observation could represent either a lower content of mature mineral in the bone matrix or a less mature hydroxyapatite that results in lower calcium content. The carbonate substitution of hydroxyapatite, although increased, did not reach statistical significance and similar effects were noted with decreased mineral maturity. Taken together, these results support a less mature mineral matrix. This is also in agreement with the increased bone remodeling observed at endosteal surfaces. Nevertheless, we did not assess the biochemical composition of the bone matrix (mainly proportion of type I collagen and relative composition in non-collagenous proteins) in control and GIPR KO mice. Thus we cannot exclude a difference in the biochemical composition that could influence the mineralization rate of the bone matrix. Furthermore, the maturity of the collagen matrix, determined as a ratio of trivalent mature Pyr over divalent immature deH-DHLNL, was significantly reduced indicating a lower degree of maturation of the collagen matrix. The reduction of bone mineral content and trivalent mature crosslinks help account for the reduction in intrinsic material properties. Furthermore, alteration of the collagen matrix often alters the post-yield properties of the bone matrix [33–35], in agreement with the present study where the reduction in mature trivalent crosslinks could account for the observed decrease in post-yield energy determined by 3-point bending.

We previously demonstrated that intrinsic material properties of the bone matrix in cancellous bone of GIPR-deficient animals were altered [14]. It is nevertheless worth noting that some differences in intrinsic material properties between cancellous and cortical bone exist in this animal model. First of all, the reduction in collagen crosslink ratio was greater in cancellous bone (~42%) as compared with cortical bone (~16%). Furthermore, although heterogeneity of bone mineral density distribution (Ca<sub>width</sub>) was not significantly reduced in cancellous bone, this parameter was considerably increased in cortical bone. Also, the decrease in Ca<sub>peak</sub> and Ca<sub>mean</sub> was greater in cortical bone. In other words, it seems that alteration of collagen maturity was greater in cancellous bone whilst alteration of mineral maturity was greater in cortical bone. Finally, in cancellous bone, the indentation modulus



**Fig. 4.** FTIR assessment of bone matrix properties. (A) Carbonate substitution, (B) mineral maturity and (C) enzymatic collagen cross-link ratio. \*\*: p < 0.01 vs. WT animals. N = 11–12 in each group.

and dissipated energy were significantly reduced whilst unaltered significantly in cortical bone. It is plausible that discrepancies in these two last parameters between cancellous and cortical bones might reflect the differential modifications of the two bone matrix components although further studies are required to undoubtedly validate that hypothesis. A limitation of this study resides in the choice of controls animals. Control animals are issued from a commercial source (Harlan) and are not littermates, as such we cannot exclude that the observed phenotype has arisen from mutations in either strain that might contribute to the observed reduction in bone strength.

In conclusion, mice lacking the GIPR exhibited a decrease in anatomical bone strength with a similar decrease in three-point bending resistance and cortical thickness. This was accompanied by an increase in bone resorption. Bone strength was also reduced at the tissue level and was associated with reductions in the degree of mineralization, maturity of the hydroxyapatite mineral and collagen crosslinking. Overall these data support a beneficial positive role for the GIP/GIPR signaling pathway in strength and quality of cortical bone.

## References

- Elnenaï MO, Musto R, Alaghand-Zadeh J, Moniz C, Le Roux CW. Postprandial bone turnover is independent of calories above 250 kcal. *Ann Clin Biochem* 2010;47:318–20.
- Henriksen DB, Alexandersen P, Bjarnason NH, Vilsboll T, Hartmann B, Henriksen EE, et al. Role of gastrointestinal hormones in postprandial reduction of bone resorption. *J Bone Miner Res* 2003;18:2180–9.
- Andersen DK, Elahi D, Brown JC, Tobin JD, Andres R. Oral glucose augmentation of insulin secretion. Interactions of gastric inhibitory polypeptide with ambient glucose and insulin levels. *J Clin Invest* 1978;62:152–61.
- Schirra J, Katschinski M, Weidmann C, Schafer T, Wank U, Arnold R, et al. Gastric emptying and release of incretin hormones after glucose ingestion in humans. *J Clin Invest* 1996;97:92–103.
- Varner AA, Isenberg JJ, Elashoff JD, Lamers CB, Maxwell V, Shulkes AA. Effect of intravenous lipid on gastric acid secretion stimulated by intravenous amino acids. *Gastroenterology* 1980;79:873–6.
- Baggio LL, Drucker DJ. Biology of incretins: GLP-1 and GIP. *Gastroenterology* 2007;132:2131–57.
- Bollag RJ, Zhong Q, Phillips P, Min L, Zhong L, Cameron R, et al. Osteoblast-derived cells express functional glucose-dependent insulinotropic peptide receptors. *Endocrinology* 2000;141:1228–35.
- Mabilleau G, Gaudin-Audrain C, Irwin N, Flatt PR, Basle MF, Chappard D. Deficiency in glucose-dependent insulinotropic peptide receptor results in higher bone mass in male mice. *Osteoporos Int* 2012;23:S407–8.
- Pacheco-Pantoja EL, Ranganath LR, Gallagher JA, Wilson PJ, Fraser WD. Receptors and effects of gut hormones in three osteoblastic cell lines. *BMC Physiol* 2011;11:12.
- Zhong Q, Itokawa T, Sridhar S, Ding KH, Xie D, Kang B, et al. Effects of glucose-dependent insulinotropic peptide on osteoclast function. *Am J Physiol Endocrinol Metab* 2007;292:E543–8.
- Bollag RJ, Zhong Q, Ding KH, Phillips P, Zhong L, Qin F, et al. Glucose-dependent insulinotropic peptide is an integrative hormone with osteotropic effects. *Mol Cell Endocrinol* 2001;177:35–41.
- Zhong Q, Ding KH, Mulloy AL, Bollag RJ, Isales CM. Glucose-dependent insulinotropic peptide stimulates proliferation and TGF-beta release from MG-63 cells. *Peptides* 2003;24:611–6.
- Xie D, Cheng H, Hamrick M, Zhong Q, Ding KH, Correa D, et al. Glucose-dependent insulinotropic polypeptide receptor knockout mice have altered bone turnover. *Bone* 2005;37:759–69.
- Gaudin-Audrain C, Irwin N, Mansur S, Thorens B, Flatt PR, Basle MF, et al. Glucose-dependent insulinotropic polypeptide receptor deficiency leads to modifications of trabecular bone mass and quality in mice. *Bone* 2013;53:221–30.
- Chappard D, Basle MF, Legrand E, Audran M. New laboratory tools in the assessment of bone quality. *Osteoporos Int* 2011;22:2225–40.
- Preitner F, Ibberson M, Franklin I, Binnert C, Pende M, Gjinovci A, et al. Gluco-incretins control insulin secretion at multiple levels as revealed in mice lacking GLP-1 and GIP receptors. *J Clin Invest* 2004;113:635–45.
- Bassett JH, Gogakos A, White JK, Evans H, Jacques RM, van der Spek AH, et al. Rapid-throughput skeletal phenotyping of 100 knockout mice identifies 9 new genes that determine bone strength. *PLoS Genet* 2012;8:e1002858.
- Bassett JH, van der Spek A, Gogakos A, Williams GR. Quantitative X-ray imaging of rodent bone by Faxitron. *Methods Mol Biol* 2012;816:499–506.
- Bouxsein ML, Boyd SK, Christiansen BA, Guldberg RE, Jepsen KJ, Muller R. Guidelines for assessment of bone microstructure in rodents using micro-computed tomography. *J Bone Miner Res* 2010;25:1468–86.
- Chappard D, Alexandre C, Riffat G. Histochemical identification of osteoclasts. Review of current methods and reappraisal of a simple procedure for routine diagnosis on undecalcified human iliac bone biopsies. *Basic Appl Histochem* 1983;27:75–85.
- Parfitt AM, Drezner MK, Glorieux FH, Kanis JA, Malluche H, Meunier PJ, et al. Bone histomorphometry: standardization of nomenclature, symbols, and units. Report of the ASBMR Histomorphometry Nomenclature Committee, 2. *J Bone Miner Res* 1987; p. 595–610.
- Ammann P, Badoud I, Barraud S, Dayer R, Rizzoli R. Strontium ranelate treatment improves trabecular and cortical intrinsic bone tissue quality, a determinant of bone strength. *J Bone Miner Res* 2007;22:1419–25.
- Gaudin-Audrain C, Irwin N, Mansur S, Flatt PR, Thorens B, Baslé M, et al. Glucose-dependent insulinotropic polypeptide receptor deficiency leads to modifications of trabecular bone mass and quality in mice. *Bone* 2013;53:221–30.
- Roschger P, Fratzl P, Eschberger J, Klaushofer K. Validation of quantitative backscattered electron imaging for the measurement of mineral density distribution in human bone biopsies. *Bone* 1998;23:319–26.
- Oliver WC, Pharr GM. An improved technique for determining hardness and elastic modulus using load and displacement sensing indentation experiments. *J Mater Res* 1992;7:1564–83.
- Paschalis EP, DiCarlo E, Betts F, Sherman P, Mendelsohn R, Boskey AL. FTIR microspectroscopic analysis of human osteonal bone. *Calcif Tissue Int* 1996;59:480–7.
- Paschalis EP, Verdalis K, Doty SB, Boskey AL, Mendelsohn R, Yamauchi M. Spectroscopic characterization of collagen cross-links in bone. *J Bone Miner Res* 2001;16:1821–8.
- Bouxsein ML, Myers KS, Shultz KL, Donahue LR, Rosen CJ, Beamer WG. Ovariectomy-induced bone loss varies among inbred strains of mice. *J Bone Miner Res* 2005;20:1085–92.
- Judex S, Garman R, Squire M, Donahue LR, Rubin C. Genetically based influences on the site-specific regulation of trabecular and cortical bone morphology. *J Bone Miner Res* 2004;19:600–6.
- Turner CH, Burr DB. Basic biomechanical measurements of bone: a tutorial. *Bone* 1993;14:595–608.
- Burguera B, Hofbauer LC, Thomas T, Gori F, Evans GL, Khosla S, et al. Leptin reduces ovariectomy-induced bone loss in rats. *Endocrinology* 2001;142:3546–53.
- Hamrick MW, Pennington C, Newton D, Xie D, Isales C. Leptin deficiency produces contrasting phenotypes in bones of the limb and spine. *Bone* 2004;34:376–83.
- Bailey AJ, Sims TJ, Ebbesen EN, Mansell JP, Thomsen JS, Mosekilde L. Age-related changes in the biochemical properties of human cancellous bone collagen: relationship to bone strength. *Calcif Tissue Int* 1999;65:203–10.
- Burr DB. The contribution of the organic matrix to bone's material properties. *Bone* 2002;31:8–11.
- Ziopoulos P, Currey JD, Hamer AJ. The role of collagen in the declining mechanical properties of aging human cortical bone. *J Biomed Mater Res* 1999;45:108–16.