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## Original Full Length Article

## Beneficial effects of a N-terminally modified GIP agonist on tissue-level bone material properties



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## ABSTRACT

Bone remodeling is under complex regulation from nervous, hormonal and local signals, including gut hormones. Among the gut hormones, a role for the glucose-dependent insulinotropic polypeptide (GIP) has been suggested. However, the rapid degradation of GIP in the bloodstream by the ubiquitous enzyme dipeptidyl peptidase-4 (DPP-4) precludes therapeutic use. To circumvent this problem, a series of N-terminally modified GIP agonists have been developed, with N-AcGIP being the most promising. The aims of the present study were to investigate the effects of N-AcGIP on bone at the micro-level using trabecular and cortical microstructural morphology, and at the tissue-level in rats. Copenhagen rats were randomly assigned into control or N-AcGIP-treated groups and received daily injection for 4 weeks. Bone microstructural morphology was assessed by microCT and dynamic histomorphometry and tissue-level properties by nanoindentation, qBEI and infra-red microscopy. Four week treatment with N-AcGIP did not alter trabecular or cortical microstructural morphology. In addition, no significant modifications of mechanical response and properties at the tissue-level were observed in trabecular bone. However, significant augmentations in maximum load (12%), hardness (14%), indentation modulus (13%) and dissipated energy (16%) were demonstrated in cortical bone. These beneficial modifications of mechanical properties at the tissue-level were associated with increased mineralization (22%) and collagen maturity (13%) of the bone matrix. Taken together, the results support a beneficial role of GIP, and particularly stable analogs such as N-AcGIP, on tissue material properties of bone.

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## Introduction

Glucose-dependent insulinotropic polypeptide (GIP) is an important gastro-intestinal hormone synthesized and secreted into the bloodstream by the duodenal endocrine K cells after ingestion of a mixed meal [1,2]. To induce a biological response, it binds to a specific receptor, the glucose-dependent insulinotropic polypeptide receptor (GIPR) [3]. Despite a wide distribution of the GIPR in the body, the most recognized action of GIP is to potentiate glucose-stimulated insulin secretion from pancreatic  $\beta$ -cells [4]. Recently, the presence of a functional GIPR has been evidenced at the surface of osteoblasts and osteoclasts [5–7]. Further to this, GIP stimulates the synthesis of collagen type I and TGF- $\beta$  by osteoblasts *in vitro* [5,8] and directly reduces osteoclast activity in mature murine osteoclast cultures [7]. Recently, we also reported that mice lacking a functional GIPR present with severe alterations of bone microstructural morphology and tissue properties leading to

decreased bone strength [9,10]. Taken together, these data suggest a beneficial role of the GIPR signaling pathway in bone.

However, following secretion into the bloodstream, GIP is rapidly inactivated through cleavage of the first two N-terminal amino acids by the endopeptidase dipeptidyl peptidase-4 (DPP-4), resulting in the formation of an inactive truncated metabolite [11]. The circulating half-life of native GIP is approximately 2 and 7 min in rodents and healthy subjects, respectively [12,13]. The susceptibility to DPP-4 cleavage precludes the use of native GIP as a therapeutic option. Previously, we have developed a series of DPP-4-resistant GIP analogs through modification of the N-terminal region of native GIP [14–17]. Acetylation of Tyr<sup>1</sup> in GIP (N-AcGIP) generated an enzymatically stable and potent GIP analog with a circulating half-life greater than 24 h [15]. However, little is known about the potential effects of N-AcGIP on bone at the micro- and tissue-level, especially in relation to microstructural morphology and tissue properties.

Therefore, the aim of the present study was to conduct a comprehensive investigation of bone properties at the micro- and tissue-level in rats treated with N-AcGIP for a period of 4 weeks. Our results indicated that N-AcGIP did not profoundly modify bone microstructural

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morphology, but did dramatically increase tissue properties through increasing bone mineral density distribution and maturity of the collagen matrix.

## Material and methods

### Synthesis, purification and characterization of N-AcGIP

N-AcGIP was sequentially synthesized using standard solid-phase Fmoc peptide chemistry as described previously, with an acetyl adduct incorporated at the N-terminal Tyr<sup>1</sup> [15]. N-AcGIP was judged pure by reversed-phase HPLC and subsequently characterized using matrix assisted laser desorption ionization-time of flight mass spectrometry (MALDI-Tof MS), as described previously [15].

### Cell culture

MC3T3-E1 cells were purchased from American type culture collection (ATCC, Teddington, UK) and used as a source of osteoblasts. Cells were grown and expanded at a ratio 1:4 in propagation medium containing  $\alpha$ MEM supplemented with 5% FBS, 5% bovine calf serum, 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin (Lonza, Verviers, Belgium) in a humidified atmosphere enriched with 5% CO<sub>2</sub> at 37 °C. For differentiation studies, cells were detached with trypsin-EDTA and plated at a density of  $1.5 \times 10^4$  cells/cm<sup>2</sup> and grown to confluence in propagation medium. At confluence, the propagation medium was replaced by the differentiation medium containing  $\alpha$ MEM supplemented with 5% FBS, 5% bovine calf serum, 100 U/mL penicillin, 100  $\mu$ g/mL streptomycin, and 50  $\mu$ g/mL ascorbic acid  $\pm$  50 pM N-AcGIP. This day was considered as day 1. The differentiation medium was replenished every 48 h until day 12. At day 12, culture supernatants were harvested, spun at 3000 rpm for 15 min, aliquoted and frozen at  $-80$  °C until use. Collagen maturity was determined spectroscopically as reported elsewhere [18]. Briefly, the remaining matrix was rinsed in phosphate buffer saline followed by absolute ethanol. The matrix was then scraped off the culture plate, transferred onto BaF<sub>2</sub> windows, and air-dried and collagen maturity was determined spectroscopically as described below.

### Alkaline phosphatase (AlkP) activity

AlkP activity was determined in the culture supernatants using 4-methyl umbelliferyl phosphate, as previously reported [19]. Briefly, in the presence of AlkP, 4-MUP is converted into the fluorescent 4-methyl umbelliferone (4-MU) [20,21]. Fluorescence was read using a M2 microplate reader (Molecular Devices, St Gregoire, France) with excitation and emission wavelength set to 360 and 450 nm, respectively. Protein concentration was also determined using a BCA protein assay kit (Pierce Biotechnology, Rockford, IL).

### Mineralization assay

MC3T3 cells were plated at a density of  $1.5 \times 10^4$  cells/cm<sup>2</sup> and grown to confluence in propagation medium. At confluence, the propagation medium was replaced by the mineralization medium containing  $\alpha$ MEM supplemented with 5% FBS, 5% bovine calf serum, 100 U/mL penicillin, 100  $\mu$ g/mL streptomycin, 50  $\mu$ g/ml ascorbic acid, and 2.5 mM  $\beta$  glycerophosphate  $\pm$  50 pM N-AcGIP. The mineralization medium was replenished every two days until day 15. At the end of the incubation period, cells were fixed with 3.7% (w/v) formaldehyde in PBS for 10 min, rinsed with PBS and stained with 1% (w/v) Alizarin red S for 5 min. The plates were then rinsed three times with 50% ethanol and left to air dry. The extent of mineralization was assessed by image analysis with ImageJ.

## Animals

Twelve Copenhagen rats (5 month old; Charles River, L'Arbresle, France) were used in this study. Our previous studies suggested that up-regulated GIPR signaling could potentially decrease trabecular bone volume [9]. As such, we used the Copenhagen rats that present with high trabecular and normal cortical components [22]. Animals were maintained on a 12 h:12 h light–dark cycle in a temperature-controlled room ( $21.5 \pm 1$  °C) and received standard laboratory food (UAR, Villemoisson-sur-Orge, France) and water *ad libitum*. All procedures were conducted in accordance with the official regulation of the French Ministry of Agriculture and were approved by the Animal Care and Use committee of the University of Angers. Animals were randomly allocated at day 0 into two groups of six animals receiving an intraperitoneal (IP) injection of either 25 nmol/kg body weight/day N-AcGIP or saline vehicle (0.9% (w/v) NaCl). Intraperitoneal injections were carried out for 4 weeks, 5 days a week. This dose of N-AcGIP has been chosen based on previous animal studies [15,23,24]. Animals were labeled with calcein (10 mg/kg body weight) according to the following schedule: 2 days with calcein, 10 days without calcein and 2 days with calcein. The last injection of calcein was made 3 days prior to sacrifice. Blood samples (~3 ml) were collected from the left ventricle by intracardiac aspiration at sacrifice. In addition, at the end of the study bones were rapidly harvested, soft tissue removed and either formalin or ethanol fixed, as reported in Fig. 1.

### Body mass, composition and food intake measurements

Food intake was determined daily using a precision balance (Adventurer™ Pro, Ohaus, Nanikon, Switzerland) and animals were weighed on a weekly basis. Lean and fat percentage were measured by dual energy X-ray absorptiometry (DEXA) using a Hologic Discovery A system (Hologic Inc., Bedford, MA) endowed with small animal software at necropsy.

### Microcomputed tomography

The tibia was used to investigate trabecular and cortical bone microstructural morphology by microCT analysis with a Skyscan 1172 microtomograph (Bruker, Kontich, Belgium) equipped with an X-ray tube working at 69 kV/100  $\mu$ A. The pixel size was fixed at 8.3  $\mu$ m, the rotation step at 0.25° and exposure was performed with a 0.5-mm aluminum filter. Bone mass and morphometry parameters were calculated with the CTan software (release 1.11.4.2, Bruker). The trabecular parameters were assessed at the volume of interest (VOI), located 1 mm below the growth plate and spanning 2.5 mm in height (302 sections). Trabecular bone volume (BV/TV, in %), trabecular thickness (Tb.Th, in  $\mu$ m), trabecular number (Tb.N, in 1/mm), trabecular separation (Tb.Sp, in  $\mu$ m), trabecular pattern factor (Tb.PF) and structure model index (SMI) were measured according to guidelines and nomenclature proposed by the American Society for Bone and Mineral Research [25]. Cortical parameters were determined at the midshaft tibia with a lab-made routine using ImageJ. Bone diameter (B.Dm, in mm), marrow diameter (Ma.Dm, in mm), cortical thickness (Ct.Th, in  $\mu$ m) and cross-sectional moment of inertia (CSMI, in mm<sup>4</sup>) were measured according to guidelines and nomenclature on bone histomorphometry proposed by the American Society for Bone and Mineral Research [26].

### Bone histomorphometry

Undecalcified left tibias were embedded in poly (methylmethacrylate) (pMMA) at 4 °C to preserve enzyme activities. Sections (7- $\mu$ m thickness) were cut on a heavy duty microtome equipped with a 50° tungsten carbide knife. Trabecular analyses were performed on longitudinal sections at the proximal metaphysis. Cortical analyses were performed at the tibia midshaft on cross-sections. For each animal, four

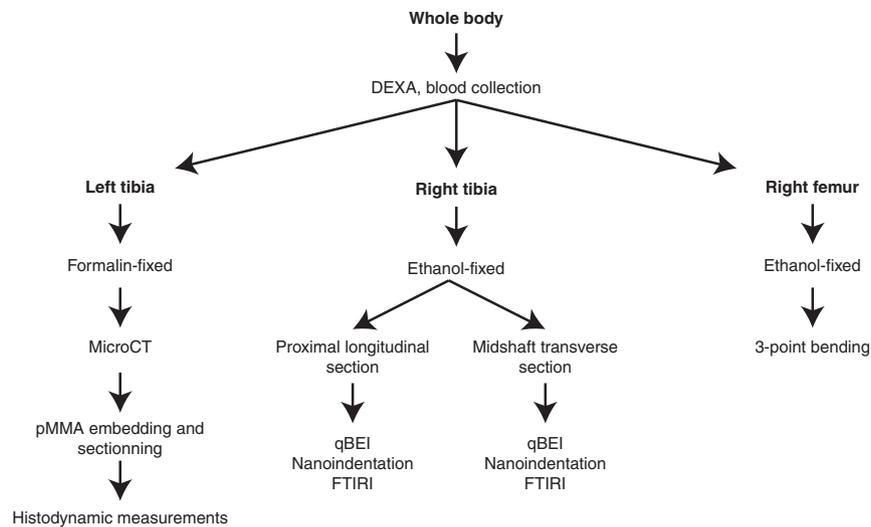


Fig. 1. Schematic representation of the experimental design.

nonserial sections (~50  $\mu\text{m}$  apart) were left unstained for the measurement of calcein-based parameters (original magnification  $\times 400$ ) and four sections were stained for the osteoclastic tartrate resistant acid phosphatase (TRAcP-original magnification of  $\times 200$ ), as previously described [27]. Only TRAcP-positive multinucleated cells in contact with endosteal surface were counted as osteoclasts. Standard bone histomorphometrical nomenclatures, symbol and units were used as described in the report of the American Society for Bone and Mineral Research [26].

#### Serum levels of bone markers

Blood samples were collected in EDTA-treated tubes and immediately centrifuged at 3000 rpm for 15 min. Supernatants were used as serum samples, aliquoted and stored at  $-80^\circ\text{C}$  until further analysis. Serum levels of osteocalcin and C-terminal telopeptide of collagen type I (sCTX) were measured with the rat-MID osteocalcin EIA and RatLaps ELISA kits, respectively (Immunodiagnostic Systems Ltd, Boldon, UK), according to the manufacturer recommendations.

#### Bone mechanical testing

Three-point bending experiments were performed on the right femur. Before mechanical testing, femurs were rehydrated in saline for 24 h at room temperature. Three-point bending strength was measured with a constant span length of 20 mm on an Instron 5942 (Instron, Elancourt, France). The press head, as well as the two support points, were rounded to avoid shear load and cutting. Femurs were positioned horizontally with the anterior surface facing upward, centered on the support and the pressing force applied vertically to the midshaft of the bone. Each bone was tested with a loading speed of  $2\text{ mm min}^{-1}$  until failure with a 500 N load cell. The load–displacement curve was acquired with the Bluehill 3 software (Instron) and converted into stress–strain curve. Material properties such as ultimate strength, ultimate strain and bending modulus were calculated according to previously published equations [28]. The work to fracture, corresponding to a measure of bone toughness was calculated according to Ritchie and al. [29].

#### Quantitative backscattered electron imaging (qBEI)

Quantitative backscattered electron imaging was employed to determine the bone mineral density distribution (BMDD) [30]. Tibias stored in 70% ethanol were cut in three portions (Fig. 1), the upper and mid

portions were then dehydrated and embedded undecalcified in polymethylmethacrylate, as reported previously [31]. With a diamond saw (Accutom, Struers, France), the upper portion was cut longitudinally to expose trabecular bone while the mid portion was cut perpendicular to expose the cross-sectional section of the midshaft. PMMA blocks were polished to a 1- $\mu\text{m}$  finish with diamond particles, carbon-coated and observed with a scanning electron microscope (EVO LS10, Carl Zeiss Ltd, Nanterre, France) equipped with a five quadrant semiconductor backscattered electron detector. The microscope was operated at 20 keV with a probe current of 250 pA and a working distance of 15 mm. The backscattered signal was calibrated using pure carbon ( $Z = 6$ , mean gray level = 25), pure aluminum ( $Z = 13$ , mean gray level = 225) and pure silicon ( $Z = 14$ , mean gray level = 253) standards (Micro-analysis Consultants Ltd, St Ives, UK). For these contrast/brightness settings, the BSE gray level histogram was converted into weight percentage of calcium as described in Roschger et al. [30]. Changes in brightness and contrast due to instrument instabilities were checked by monitoring the current probe and imaging the reference material (C, Al and Si) every 15 min. The trabecular region of interest was located 1 mm below the growth plate on a height of 2.5 mm. The cortical region of interest was represented by the tibia midshaft. ROIs were imaged at a  $100\times$  nominal magnification, corresponding to a pixel size of 1  $\mu\text{m}$  per pixel. The gray level distribution of each image was analyzed with a lab-made routine using ImageJ as previously reported [32]. Three variables were obtained from the bone mineral density distribution:  $\text{Ca}_{\text{peak}}$  as the most frequently observed calcium concentration,  $\text{Ca}_{\text{mean}}$  as the average calcium concentration and  $\text{Ca}_{\text{width}}$  as the width of the histogram at half maximum of the peak.

#### Nanoindentation

Nanoindentation tests evaluated the mechanical properties of the bone matrix at the tissue-level. As nanoindentation assesses volume of material at a length scale less than that of individual microstructural features in bone, this technique avoids confounding factors such as microstructure and porosity that affect tissue properties at larger length scales. Tests were performed on the same sample used for qBEI measurements after rapid polishing. Tibias were rehydrated overnight in saline prior to nanoindentation testing as previously reported [32]. The same trabecular and cortical bone ROIs used for qBEI were assessed by nanoindentation. In trabecular regions, twenty-five indentations were positioned either in the center of several trabecula. In cortical regions, indentations were performed on the cut face of the cortical cross-section by drawing a line with twenty-five positions, extending from

endosteal to periosteal surfaces. Indentations were made with a NHT-TTX system (CSM, Peseux, Switzerland) equipped with a Berkowitch diamond probe. Indentations were performed up to a depth of 900 nm with a loading/unloading rate of 40 mN/min. At maximum load, a holding period of 15 s was applied to avoid creeping of the bone material. Maximum load, indentation modulus, hardness and dissipated energy were determined according to Oliver and Pharr [33].

#### Fourier transform infrared microspectroscopy (FTIRM)

Sections (4  $\mu\text{m}$  thickness) of pMMA blocks were cut dry on a heavy duty microtome equipped with tungsten carbide knives (Leica Polycut S) and sandwiched between BaF<sub>2</sub> optical windows. Spectral analysis were obtained on a Bruker Vertex 70 spectrometer (Bruker optics, Ettlingen, Germany) interfaced with a Bruker Hyperion 3000 infrared microscope equipped with a standard single element Mercury Cadmium Telluride (MCT) detector (750–4000  $\text{cm}^{-1}$ ). Infrared spectra were recorded at a resolution of 4  $\text{cm}^{-1}$ , with an average of 32 scans in transmission mode. Background spectral images were collected under identical conditions from the same BaF<sub>2</sub> windows at the beginning and end of each experiment to ensure instrument stability. For FTIR analysis, the same trabecular and cortical bone regions as reported above were assessed. As the samples had been calcein-labeled, measurements were made exclusively between the two labels (tissue age 5 – 15 days), to reflect N-AcGIP treatment period. Measurements were taken from 10 matrix of 6 spectra acquired on trabecular and cortical bones (same ROIs as above) and analyzed with the Opus Software (release 5.5, Bruker). The relative contribution of embedding polymethylmethacrylate (pMMA) and water vapor was corrected for each spectrum prior to baseline correction. The 6 spectra of each matrix were then averaged and the resulting spectrum was subjected to curve fitting using a commercial available software package (Grams/Al 8.0, Thermofisher scientific, Villebon sur Yvette, France). Every absorption band was characterized by its area using the Levenberg–Maquardt algorithm. The second derivative spectrum was used to determine the number and the position of the bands constituting every spectral interval. Position, height, width at half intensity and area were also obtained. Peaks corresponding to amide I (1585–1725  $\text{cm}^{-1}$ ),  $\nu_2$  CO<sub>3</sub><sup>2-</sup> region (850–890  $\text{cm}^{-1}$ ) and  $\nu_1\nu_3$  phosphate (900–1200  $\text{cm}^{-1}$ ) were considered for further analysis. The evaluated IR spectral parameters were (1) mineral-to-matrix ratio, calculated as the ratio of integrated areas of the  $\nu_1\nu_3$  phosphate (900–1200  $\text{cm}^{-1}$ ) to the amide I (1585–1725  $\text{cm}^{-1}$ ) bands [34], (2) carbonate-to-phosphate ratio, calculated as the ratio of integrated areas of the  $\nu_2$  CO<sub>3</sub><sup>2-</sup> region (850–890  $\text{cm}^{-1}$ ) to the  $\nu_1\nu_3$  phosphate (900–1200  $\text{cm}^{-1}$ ) bands [35] and (3) collagen maturity, determined as the relative ratio of pyridinium trivalent (Pyr, mature collagen) to dehydrodihydroxylysinonorleucine divalent (deH-DHLNL, new collagen) collagen cross-links using their respective subbands located at 1660  $\text{cm}^{-1}$  and 1690  $\text{cm}^{-1}$  of the Amide I peak [36].

#### Statistical analysis

Results were expressed as mean  $\pm$  standard error of the mean (SEM). Analysis of variance (ANOVA) with Levene's test of homogeneity was used to compare the differences between the groups using the Systat statistical software release 13.0 (Systat software Inc., San Jose, CA). Differences at  $p < 0.05$  were considered significant.

## Results

#### Treatment with N-acGIP did not alter body mass composition or food intake

No adverse effects were observed following long term administration of N-AcGIP. As reported in Fig. 2, we did not observe significant differences in food intake ( $p = 0.570$ ), animal mass ( $p = 0.685$ ), lean

mass ( $p = 0.659$ ) or fat mass ( $p = 0.785$ ) between saline or N-AcGIP-treated animals during the time course of the study.

#### 4-week treatment with N-AcGIP did not modify bone morphology at the micro-level despite higher cortical remodeling

Differences in morphology parameters of trabecular bone were investigated between saline- and N-AcGIP-treated rats (Table 1). Although BV/TV was reduced in N-AcGIP-treated animals compared to controls ( $37.4 \pm 1.2\%$  vs.  $39.1 \pm 1.1\%$ , respectively), this difference did not reach statistical significance ( $p = 0.327$ ). Tb.Th, Tb.N, Tb.Sp, Tb.Pf, SMI, Tb.MAR, BFR/BS and N.Oc/B.Pm were not significantly different between saline and N-AcGIP-treated animals (Table 1). No significant differences were observed between the two groups of animals in any of the cortical bone parameters (Table 2). On the other hand, calcein labeling was evident at the endosteal surface and Ct.MAR and N.Oc/EC.Le were higher in N-AcGIP-treated animals (Table 2). We also assessed the circulating levels of total osteocalcin and sCTX (Fig. 3). We did not evidence any significant differences in the serum levels of these two biomarkers ( $p = 0.532$  and  $p = 0.456$  respectively).

#### 4-week treatment with N-AcGIP increased tissue properties in cortical bone

Mechanical properties of bone tissue were investigated by three-point bending and nanoindentation. In contrast to three-point bending, nanoindentation is not influenced by bone porosity, and reflects the mechanical response at the tissue-level. Bending stress, bending modulus and strain were increased in N-AcGIP-treated animals as compared to controls, but these differences did not reach statistical significance (Table 3). On the other hand, the work to fracture in N-AcGIP-treated animals was significantly (40%;  $p = 0.025$ ) higher.

None of the studied parameters investigated by nanoindentation were significantly different between saline- and N-AcGIP-treated animals in trabecular bone (Table 4). On the other hand, in cortical bone, maximum load, hardness, indentation modulus and dissipated energy were significantly increased by 12%, 14%, 13% and 16%, respectively, in N-AcGIP-treated animals as compared with saline treated controls (Table 4).

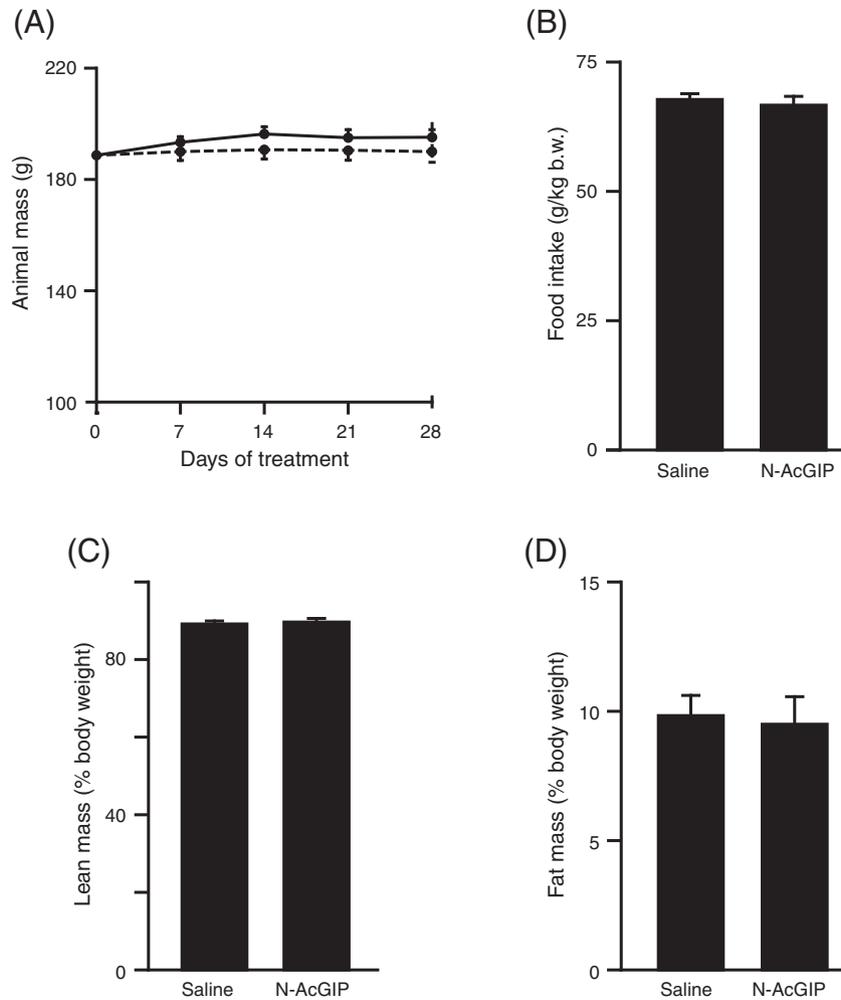
#### 4-week treatment with N-AcGIP increased bone mineral density distribution and collagen maturity in cortical bone

As reported in Table 5, none of the qBEI parameters in trabecular bone was significantly different in N-AcGIP-treated animals as compared with saline-treated animals. On the other hand, in cortical bone, Ca<sub>peak</sub> and Ca<sub>mean</sub> were both significantly elevated by 9% ( $p = 0.042$  and  $p = 0.043$ , respectively) in N-AcGIP-treated animals as compared with saline-treated animals. However, Ca<sub>width</sub> was unchanged between the two groups of animals.

Furthermore, collagen maturity, mineral-to-matrix and carbonate-to-phosphate ratios were not different in trabecular bone of saline- or N-AcGIP-treated animals (Fig. 4A). However, in cortical bone, collagen maturity and mineral-to-matrix ratios were significantly increased by 13% ( $p = 0.045$ ) and 22% ( $p = 0.045$ ), respectively, in N-AcGIP-treated animals as compared to saline controls (Fig. 4B).

#### N-AcGIP induced increased collagen maturity, AlkP activity and mineralization in vitro

In order to assess whether N-AcGIP could increase collagen maturity and AlkP activity *in vitro*, MC3T3 cells were treated for 12 days with 50 pM N-AcGIP. As represented Fig. 5, collagen maturity was significantly augmented by N-AcGIP (57%;  $p = 0.038$ ) as compared to control cultures. AlkP activity was also significantly higher in N-AcGIP-treated cultures ( $p = 0.037$ ). Furthermore, Alizarin red



**Fig. 2.** Body mass, composition and food intake. (A) Body mass through the time course of the study was not different between saline- (plain line) or N-AcGIP-treated (dash line) animals. (B) Daily food intake, (C) lean mass and (D) fat mass were similar in saline- and N-AcGIP-treated animals.

staining of 15-day old cultures revealed larger mineralization in the presence of N-AcGIP ( $p = 0.001$ ).

## Discussion

Bone remodeling is a complex mechanism regulated by nervous, hormonal and local signals. Among all these signals, a role for gastrointestinal hormones such as GIP has been suggested. Previously, we reported that mice lacking a functional GIP receptor presented with dramatic alterations of trabecular and cortical bone microstructural morphology, and tissue-level material properties, leading to reduced

bone strength [9,10]. In the present study, we have investigated the effects of 4 week treatment with a stable and potent GIP agonist, N-AcGIP [15], on trabecular and cortical bone microstructural morphology and remodeling, as well as tissue properties.

Previously we highlighted that genetically-induced GIPR deficiency was associated with increased trabecular bone mass [9]. Therefore, in the present study we investigated the potential effect of N-AcGIP on trabecular bone morphology and bone cell parameters. Although BV/TV was lower in GIP analog treated animals as compared to controls, this did not reach statistical significance. None of the other parameters (Tb.Th, Tb.N, Tb.Sp, Tb.Pf, SMI, Tb.MAR, BFR/BS and N.Oc/B.Pm) were statistically different between groups. Furthermore, no noticeable

**Table 1**

Trabecular morphology parameters between saline- and N-AcGIP-treated animals.

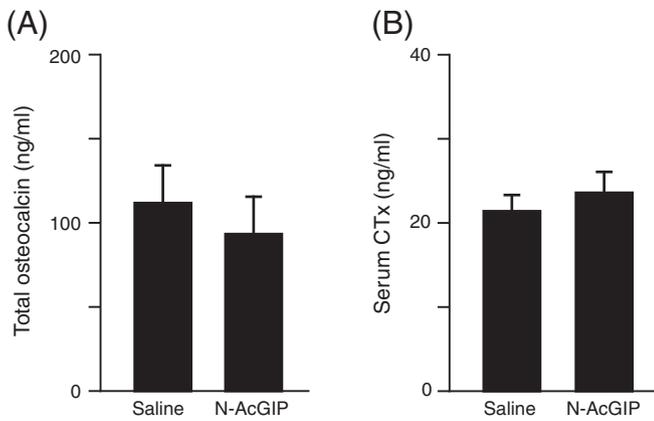
	Saline-treated animals	N-AcGIP-treated animals	p values
BV/TV (%)	39.1 ± 1.1	37.4 ± 1.2	0.327
Tb.Th (μm)	112.4 ± 1.5	111.2 ± 1.6	0.580
Tb.N (1/mm)	3.5 ± 0.2	3.4 ± 0.2	0.322
Tb.Sp (μm)	195.5 ± 5.6	202.8 ± 7.1	0.441
Tb.Pf	0.0024 ± 0.0005	0.0027 ± 0.0004	0.552
SMI	0.85 ± 0.07	0.90 ± 0.06	0.655
Tb.MAR (μm/day)	2.8 ± 0.2	3.3 ± 0.2	0.394
BFR/BS (μm <sup>3</sup> /μm <sup>2</sup> /day)	0.8 ± 0.1	1.0 ± 0.2	0.478
N.Oc/B.Pm (1/mm)	1.8 ± 0.2	2.3 ± 0.2	0.105

**Table 2**

Cortical morphology parameters between saline- and N-AcGIP-treated animals.

	Saline-treated animals	N-AcGIP-treated animals	p values
B.Dm (mm)	4.26 ± 0.06	4.32 ± 0.02	0.400
Ma.Dm (mm)	3.52 ± 0.06	3.59 ± 0.04	0.338
Ct.Th (μm)	369 ± 12	361 ± 9	0.585
CSMI (mm <sup>4</sup> )	8.6 ± 0.5	8.8 ± 0.1	0.690
Es.MAR (μm/day)	2.7 ± 0.2	3.6 ± 0.4*	0.028
Es.MS/BS	0.3 ± 0.1	0.4 ± 0.1	0.827
Es.BFR/BS (μm <sup>3</sup> /μm <sup>2</sup> /day)	0.9 ± 0.0	1.4 ± 0.1*	0.026
N.Oc/Ec.Le (1/mm)	0.5 ± 0.1	0.7 ± 0.1*	0.026

\*  $p < 0.05$  vs. saline-treated animals.



**Fig. 3.** Serum levels of (A) total osteocalcin and (B) sCTX were not significantly different between saline- and N-AcGIP-treated animals.

modifications of cortical bone microstructural morphology were observed with N-AcGIP treatment. On the other hand, Ct.MAR and N.Oc/EC.le were significantly augmented in N-AcGIP-treated animals, but serum markers of bone remodeling (total osteocalcin, CTx) were not statistically different between groups. Taken together, these results suggested that 4 week treatment with N-AcGIP did not alter bone cell activities and microstructural morphology at the endosteal surface, where both osteoblast and osteoclast activities are higher. One reason for this could be related to the dose of GIP analog employed in the study. However, N-AcGIP has already been used in several animal studies, at the same dose employed in the present study (25 nmol/kg body weight/day), and shown to be biologically active [15,23,24].

Another part of our investigation was related to the potential effect of N-AcGIP on bone tissue properties. Indeed, GIPR-deficient animals exhibit reduced bone strength, in part attributed to decreased tissue properties (bone mineralization and collagen maturity) in trabecular and cortical bones [9,10]. In the present study, mechanical assessment of the bone matrix at the tissue-level by nanoindentation revealed that N-AcGIP had no effect in trabecular bone. Insignificant augmentations in bone mineralization and collagen maturity were observed in trabecular bone of treated animals, but these modifications are unlikely to substantially improve mechanical properties of the trabecular bone matrix. On the other hand, mechanical properties of cortical bone at the macro- (work to fracture) and tissue-level (maximum load, hardness, indentation modulus and dissipated energy) were significantly improved in N-AcGIP-treated animals as compared with saline controls. These augmentations may be linked to the significantly enhanced bone mineralization and collagen maturity observed by qBEI and FTIR. Taken together, these data suggest that tissue properties are rapidly modified by N-AcGIP and that cortical bone represents the primary target.

We did not look at gene expression in isolated bone cells from treated animals. However, we did investigate the direct effects of N-AcGIP on collagen maturity, ALP activity and mineralization in the murine MC3T3 cell line. Previously, Bollag et al. reported that GIP stimulates the

**Table 3**  
Mechanical response of the bone tissue at the macro-level.

	Saline-treated animals	N-AcGIP-treated animals	p values
Bending stress (MPa)	109.2 ± 5.2	122.1 ± 7.0	0.117
Bending strain	0.042 ± 0.001	0.046 ± 0.002	0.165
Bending modulus (GPa)	12.9 ± 1.2	14.8 ± 1.3	0.118
Work-to-fracture (KJ/m <sup>2</sup> )	4.2 ± 0.3	5.9 ± 0.5*	0.025

\* p < 0.05 vs. saline-treated animals.

**Table 4**  
Mechanical response of the bone matrix at the tissue-level.

	Saline-treated animals	N-AcGIP-treated animals	p values
<i>Trabecular bone</i>			
Maximum load (mN)	12.7 ± 0.7	12.5 ± 0.1	0.938
Hardness (MPa)	714.6 ± 44.0	694.8 ± 9.6	0.670
Indentation Modulus (GPa)	13.7 ± 0.8	13.4 ± 0.2	0.810
Dissipated energy (mN nm)	3592 ± 143	3577 ± 134	0.942
<i>Cortical bone</i>			
Maximum load (mN)	12.2 ± 0.4	13.7 ± 0.2**	0.009
Hardness (MPa)	651.3 ± 18.6	740.9 ± 26.7*	0.028
Indentation modulus (GPa)	13.6 ± 0.2	15.4 ± 0.5*	0.016
Dissipated energy (mN nm)	3095 ± 104	3596 ± 70**	0.009

\* p < 0.05 vs. saline-treated animals.

\*\* p < 0.01 vs. saline-treated animals.

expression of the *col1a* gene in osteoblast cultures *in vitro* [5]. In the present study, we demonstrated that collagen maturity, as determined by FTIR, was higher in N-AcGIP-treated cultures. Furthermore, we clearly show that N-AcGIP was capable of increasing ALP activity and mineralization directly. Although osteoblast activities are directly modulated by N-AcGIP treatment, we cannot rule out the possible involvement of secondary indirect mechanism *in vivo*, since the GIPR is expressed in numerous tissues, as well as in bone [37]. For example, the GIPR is expressed in the adrenal cortex of rats and administration of GIP increases corticosterone levels via a cAMP-dependent manner [38]. We did not assess corticosterone levels in our study, although it is unlikely that corticosterone contributed to the observed bone phenotype, as glucocorticoids decrease bone tissue properties [39]. An additional extrasosseous locus of GIP action is the endocrine pancreas. In this study, we did not monitor basal insulin levels. However, we previously assessed this parameter in *ob/ob* diabetic mice treated for 14 days with N-AcGIP. This treatment regimen did not modify plasma insulin as compared with saline controls [23,24]. Nevertheless, we cannot rule out a potential role for insulin in the observed bone phenotype in the current study. Further studies will be required to fully characterize the mechanisms by which N-AcGIP improves bone material properties.

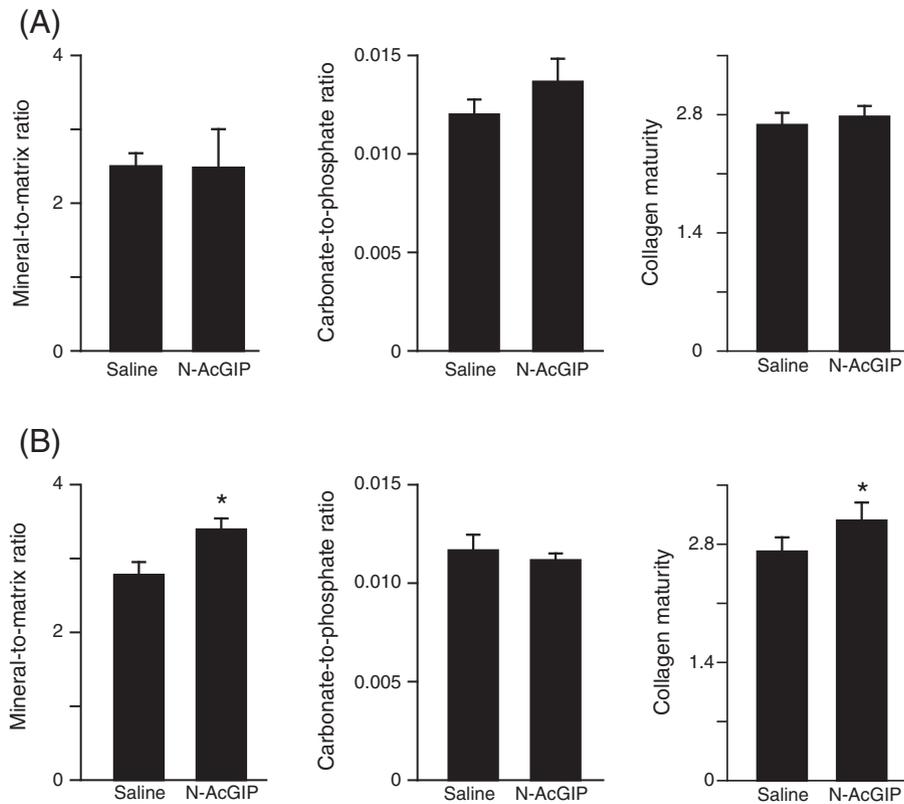
Recently, a study by Ascenzi et al., reported an augmentation in heterogeneity of collagen orientation and mineralization in cortical bone of postmenopausal women treated with parathyroid hormone [40]. In our study, N-AcGIP did modify collagen maturity and mineralization, but we do report a higher collagen maturity and degree of mineralization, with no significant modifications of mineralization heterogeneity. Furthermore, the carbon-to-phosphate ratios were unchanged in trabecular and cortical components, suggesting that the maturity of the mineral was unchanged. However, further investigation of the mineral crystal size would be needed to assess whether this parameter could be altered with N-AcGIP treatment.

In conclusion, 4 week treatment with N-AcGIP improved bone material properties in rats, and especially bone mineralization and

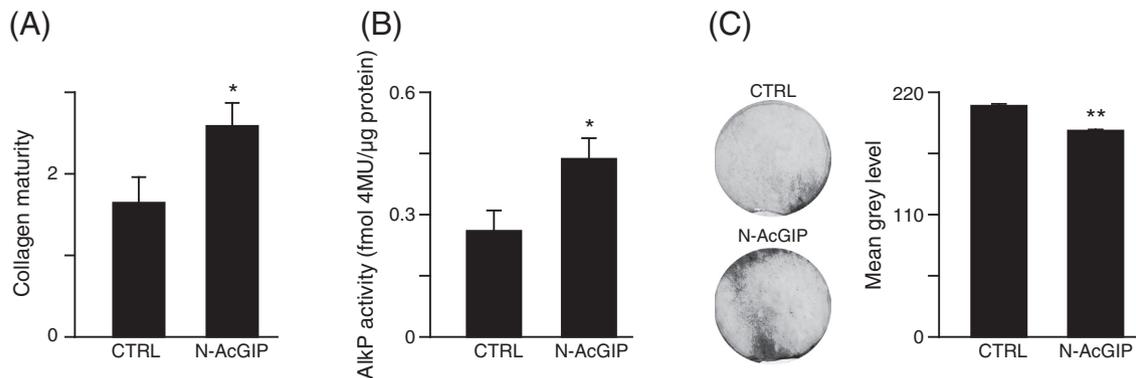
**Table 5**  
Bone mineral density distribution in trabecular and cortical bone.

	Saline-treated animals	N-AcGIP-treated animals	p values
<i>Trabecular bone</i>			
Ca <sub>peak</sub> (% Ca)	21.8 ± 1.0	24.5 ± 1.0	0.095
Ca <sub>mean</sub> (% Ca)	20.2 ± 0.8	22.2 ± 0.8	0.125
Ca <sub>width</sub> (% Ca)	6.2 ± 0.3	6.5 ± 0.6	0.689
<i>Cortical bone</i>			
Ca <sub>peak</sub> (% Ca)	25.5 ± 0.9	27.9 ± 0.5*	0.042
Ca <sub>mean</sub> (% Ca)	24.5 ± 0.9	26.8 ± 0.5*	0.043
Ca <sub>width</sub> (% Ca)	4.7 ± 0.4	4.5 ± 0.3	0.678

\* p < 0.05 vs. saline-treated animals.



**Fig. 4.** Tissue-level bone matrix properties in (A) trabecular and (B) cortical bone. No significant difference in any of the studied parameters was evident between saline- and N-AcGIP in trabecular bone. However, mineral-to-matrix ratio and collagen maturity were significantly higher in cortical bone of N-AcGIP treated rats. \*:  $p < 0.05$  vs. saline-treated animals.



**Fig. 5.** Collagen maturity and matrix mineralization are higher in N-AcGIP-treated osteoblast cultures in vitro. (A) Collagen maturity was determined spectroscopically in MC3T3 cells cultured in the absence (CTRL) or presence of 50 pM N-AcGIP. (B) AlkP activity was determined in cell culture supernatant after 12 days of culture in the absence (CTRL) or presence of 50 pM N-AcGIP. (C) Alizarin red staining and image analysis of the extent of mineralization in osteoblast cultures. A lower value of mean gray level means higher mineralization. \*:  $p < 0.05$  and \*\*:  $p < 0.01$  vs control cultures.

collagen maturity. Although molecular mechanisms leading to such phenotype still need to be clarified, the use of N-AcGIP might represent an alternative exciting treatment option for bone pathologies with decreased material properties, such as osteoporosis.

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