

Urinary HPV DNA testing as a tool for cervical cancer screening in women who are reluctant to have a Pap smear in France

Caroline Lefeuvre, Adeline Pivert, Hélène Le Guillou-Guillemette, Françoise Lunel-Fabiani, Pascal Veillon, Anne-Sophie Le Duc-Banaszuk, Alexandra

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- 1 Title: Urinary HPV DNA testing as a tool for cervical cancer screening in women who are
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- 3 **Running title**: Urinary HPV DNA testing for cervical cancer screening
- 4 Author names and affiliations:
- 5 Caroline Lefeuvre¹, Adeline Pivert¹, Hélène Le Guillou-Guillemette¹, Françoise Lunel
- 6 Fabiani¹, Pascal Veillon¹, Anne-Sophie Le Duc Banaszuk², Alexandra Ducancelle¹
- ⁷ ¹CHU d'Angers, Laboratoire de Virologie et Laboratoire HIFIH, UPRES EA 3859, 4, rue
- 8 Larrey, 49 000 Angers, France
- 9 ²Centre de Coordination de Dépistages des Cancers Pays de la Loire (CRCDC), Structure de
- 10 Gestion des Cancers, 5 rue des Basses Fouassières, 49 100 Angers, France
- 11 Corresponding author: Caroline Lefeuvre
- 12 PharmD
- 13 E-mail address: caroline.lefeuvre@chu-angers.fr
- 14 Postal Address: Virology Department, Angers University Hospital, HIFIH Laboratory EA
- 15 3859, LUNAM, 4, rue Larrey 49000 Angers, France
- 16 Telephone number: (+ 33) 02 41 35 39 54

1 Summary

Objectives: In France, cervical cancer screening is based on human papillomavirus (HPV)
testing on cervical samples (women aged 30-65) and cytological examination of Pap smears
(25-29), but screening coverage is unsatisfactory. The CapU3 study aimed to propose urinary
HPV testing on 13,535 women aged 35 to 65 who had not had a Pap smear since 2010.

Methods: High-risk HPV (HR-HPV) detection was performed using a real-time PCR
(Anyplex II HPV 28 Detection, Seegene®). Women with HR-HPV positive results were
encouraged to have a cervical smear as soon as possible to detect the presence of cervical
lesions.

Results: The participation rate was 15.4%. Out of the 1,915 analyzed specimens, 1,711 and
190 were negative and positive, respectively, for at least 1 HR-HPV genotype. HR-HPV
genotypes other than HPV-16 or HPV-18 were mostly detected as HPV-53 (23.7%) and HPV68 (14.2%). A satisfactory gynecological follow-up was observed for HPV-positive women
(92.1%). 23 abnormal smears were observed and eight high-grade cytological lesions after
colposcopy and biopsy were diagnosed.

Conclusions: As home HPV urinary testing is non-invasive and does not require medical
attention, this method may be an alternative for women who are reluctant to have a Pap smear
and thus extend screening coverage.

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Keywords: High-risk human papillomavirus; Urine; HPV DNA detection; cervical cancer
 screening; Self-sampling

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25 Introduction

In 2018, cervical cancer was the 4th most common cancer in women for incidence and mortality after breast, colorectal, and lung cancer (1). In France, in 2017, it was the 12th most common cancer with 2,800 new cases each year. Regarding mortality rate, it is 4th in the world (about 270,000 deaths per year), 1st in low-income countries, and 12th in France (about 1,100 deaths per year) (2,3).

Cervical cancer screening over the last 50 years in Europe has significantly reduced the 31 incidence and mortality associated with cervical cancer. In France, between 1980 and 2019 32 (June), cervical screening was done through cytological examination of cervical-uterine 33 samples (Pap smear) in women aged 25 to 65 (4). However, at this time, despite the 34 campaigns and letters of encouragement to have a Pap smear, the screening coverage 35 remained low (below 60%) (2). Vaccination coverage rate against HPV remained also low 36 (<30%) (5) in view of the objectives planned at 60% by the 2014-2019 Cancer Plan (6) and is 37 38 one of the lowest rates in Europe.

Therefore, reflection tracks are being considered to improve screening coverage. High-risk 39 human papillomavirus (HR-HPV) testing on self-samples could be one way to increase access 40 to cervical cancer screening for women not participating in routine screening. Since July 41 2019, the French National Health Authority (Haute Autorité de Santé, HAS) has updated the 42 recommendations for cervical cancer screening and proposed a national screening strategy 43 that includes HPV testing. For women aged 30 to 65, cervical cancer screening is based on 44 HPV testing of cervical samples every five years. For women aged 25 to 29, cervical cancer 45 screening is based on cytological examination of a Pap smear every three years after two 46 consecutive annual smears (7). 47

Other options are envisaged in order to increase screening coverage, notably research into 48 HPV through self-sampling. This includes, in particular, urinary self-sampling, which has the 49 advantages of being less invasive and/or often better accepted than the Pap smear. Arbyn et al. 50 recommended HPV testing on self-collected samples as an additional strategy to reach women 51 who do not participate in regular screening programs (8). Indeed, self-sampling could be an 52 alternative for women who are reluctant to have a Pap smear and thus allow extending the 53 cervical cancer screening coverage. The urinary self-sampling could be a preferred option for 54 these women because it is understandable, non-invasive, and easy to do themselves. However, 55 the topic is quite controversial (9-11) as urine is a complex biological medium with many 56 57 inhibitors and HPV DNA can be destroyed by bacteria or endonuclease. Nevertheless, this type of self-sampling, which has recently been introduced, is increasingly proving its worth in 58 clinical studies (12-14). Detection of HPV DNA in first-stream urine is recommended due to 59 60 a large amount of DNA (15) and a high quantity of exfoliated cervical cells (13) in the urine. In 2014, a meta-analysis was published by Pathak and his collaborators summarizing the 14 61 62 studies on the detection of HPV DNA in urine. The authors showed that urine is highly effective in HPV DNA detection, and this type of sampling could be an acceptable alternative 63 in populations with little or no cervical screening (14). 64

In 2015, we reported the results of our CapU1 study, which offered urinary HPV testing to 5,000 women aged 45 to 65 years. We showed that urinary HPV testing may be pertinent to women who had not had cervical Pap smears in three years. In doing so, the CapU1 study led to the diagnosis of high-grade cervical lesions (three cases of cervical intraepithelial neoplasia grade III lesions confirmed, CIN 3) (12).

The objectives of the CapU3 study were to (i) make women who are very reluctant aware of
cervical cancer screening, (ii) assess the participation rate of urinary HPV testing on a larger

number of women and a broader age range than previous works, and (iii) increase cervical cancer screening coverage. Consequently, the aim of the study was to propose an alternative screening method for cervical cancer to women who had not had a gynecological follow-up over the past seven years and to reintroduce these women to gynecological screening and follow-up.

77

78 Material and Methods

79 Study design

80 The CapU3 study was conducted in the Maine et Loire department (Pays de la Loire, France). This study was a collaboration between the Regional Cancer Screening Coordination Center 81 (CRCDC, formerly Cap Santé 49) and Angers University Hospital. CRCDC, which is a public 82 83 health body governed by the French law on non-profit associations, provides colorectal, breast, and cervical cancer screenings in this department. Thus, since 2010, CRCDC has sent 84 letters to women aged 25 to 65 who have not had a Pap smear over the past three years. 85 Secondary reminders after nine months were sent if CRCDC did not receive a Pap smear 86 report or observe a reimbursement for a Pap smear from the national health insurance system. 87 The list of patients acquired by CRCDC from the health insurance companies included first 88 and last names, dates of birth, addresses, and social security numbers in order to avoid 89 confusion and duplications. The supply and use of these records for the program was 90 91 approved by CNIL (Commission nationale de l'informatique et des libertés, French National 92 Data Protection Authority) with authorization number 1410571.

Between November 2016 and November 2018, 13,535 women aged 35 to 65 received a fifth
or sixth letter proposing a new screening method based on self-sampling urine instead of a
Pap smear. Their mean age was 54 years. These women had not had a Pap smear over the past 4

seven years and did not respond to four or five reminders. With the letter, the women received 96 an information note on urinary HPV DNA testing, a letter of consent, a sterile container, a 97 sampling protocol, a document to ask the women if they had had a recent cervical smear or 98 hysterectomy, a bubble envelope, and a prepaid return envelope. The women noted the name 99 of their physicians or gynecologists on the letter of consent. Women accepting to participate 100 had to send their first-stream urine samples by mail to the Angers University Hospital 101 Virology Laboratory using the bubble envelope and the prepaid envelope in accordance with a 102 103 three-rule secure packaging protocol as recommended in France. The mailing of the CapU3 study package was managed by a business solutions unit of the national postal service to 104 optimize the process. Notably, packages that could not be delivered to their addressees (the 105 person had moved, etc.) were recorded by the business solutions unit. 106

107 A statement of collection was made by the relevant ethics committee in compliance with108 existing regulations (authorization number 2016/102).

109

9 **Response rate and participation rate**

110 The number of non-inclusions, corresponding to invitation letters that did not reach the 111 women (not living at the stated address, referral, or damaged mailboxes), has been subtracted 112 from the total number of letters sent. The response rate was based on the receipt of prepaid 113 return envelopes (with or without the urine sample) at the virology laboratory. The response 114 rate was calculated as follows: *Number of letters received at the laboratory / (Number of* 115 *letters sent to women - Number of non-inclusion)*

The participation rate was determined based on the receipt of accepted informed consent forms and urine samples. Women who sent their urine samples but had a history of hysterectomy or recently had a Pap smear (before receiving the letter) were excluded. Women who sent their urine samples without signing the letter of consent were contacted again to 5 confirm that they accepted to be included in the study. Some women sent their urine samples
but did not want to participate in the study; they were thus considered ineligible for the study
and not counted in the participation rate.

123 The participation rate was determined as follows: Number of women included in the study /
124 (Number of letters sent to women - Number of exclusions and non-inclusion)

125

126 Virological analysis

HR-HPV detection was performed with AnyplexTM II HPV28 Detection technology 127 (Seegene®) using real-time PCR. This technique is based on TOCETM (Tagging 128 Oligonucleotide Cleavage and Extension) technology that can detect multiple pathogens in a 129 single fluorescence channel on real-time PCR instruments. This is a combined test for 130 detecting HPV DNA and genotyping 28 HPV types, split into two panels: panel A with 14 131 HR-HPV genotypes (HPV 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66, 68) and panel B 132 with five HR-HPV genotypes (HPV 26, 53, 69, 73, 82) and nine low-risk HPV genotypes 133 (HPV 6, 11, 40, 42, 43, 44, 54, 61, 70). 134

Each urine sample was stored in aliquots at -20°C when received at the laboratory, awaiting
HPV DNA extraction. The Seegene® method was previously evaluated on 370 urine samples
at the virology laboratory of Angers University Hospital (16).

The HPV DNA was then extracted from 1 mL of urine sample using the NucliSENS® easyMAG® (Biomérieux). The HPV DNA amplification was performed according to the manufacturer's instructions and 5 μ L of nucleic acids were extracted from the urine sample. The amplification of HPV DNA was performed on the CFX96 TM thermocycler (Biorad®). Internal control (IC) amplicons were used to assess the sample validity, extraction, and amplification efficiency.

Samples in which at least one of the 19 HR-HPV signals were detected, whether or not it was 144 associated with the detection of an IC signal, were considered positive. Samples in which 145 none of the 19 HR-HPV signals were detected, while the IC signal was valid, were considered 146 147 negative. Finally, if none of the 28 HPV signals were detected and the IC signal was weak or was not detected, the samples were considered invalid. The HR-HPV result included HPV 148 genotypes that are "carcinogenic to humans" (Group 1, HPV 16, 18, 31, 33, 35, 39, 45, 51, 52, 149 56, 58, 59), "probably carcinogenic to humans" (Group 2A, HPV-68), and "possibly 150 carcinogenic" (Group 2B, HPV 26, 53, 69, 73, 82) according to IARC classification (17). 151

152 If the HPV test was negative, the result was sent to the women and to their physicians by 153 letter. We nonetheless recommended that the women had a Pap smear in the following year. 154 In the event of a positive HPV result (one or many HR-HPV types detected), the result was 155 sent directly to the physicians and/or gynecologists. The woman was then contacted by her 156 physician and/or gynecologist to have a Pap smear as soon as possible. Women who did not 157 have a Pap smear within two months after the first positive result received another reminder 158 letter from the CRCDC.

159 Cervical cytology analysis

Cervical cells were obtained using a cervical brush for conventional cytological slides by 160 general practitioners or gynecologists. Cytological examination was done according to the 161 consensus guidelines of the French National Health Authority and formulated according to the 162 2001 Bethesda classification (normal; atypical squamous cells of unknown significance 163 (ASC-US); atypical squamous cells - cannot exclude high-grade squamous intraepithelial 164 lesion (ASC-H); low-grade squamous intraepithelial lesion (LSIL), or high-grade squamous 165 166 intraepithelial lesion (HSIL)) (18). Women with cytological abnormalities underwent colposcopy and biopsy as per French recommendations (Haute Autorité de Santé). The 167

histological results were formulated on the report according to Richard's classification: CIN
(cervical intraepithelial neoplasia) 1, CIN 2 or CIN 3.

170 Statistical analysis

171 All statistical analyses were performed using IBM® SPSS® 15.0 Statistics (Statistical 172 Package for Social Sciences, IBM Corp., Chicago, IL) and Microsoft Excel 2010. A two-173 proportion z-test, a Chi-square test, and a Mann-Whitney U test were used. Statistical 174 significance was considered for p values of <0.05.

176 **Results**

177 Response rate

Between November 2016 and November 2018, 13,535 letters were sent to women aged 35-65
years. Of the 13,535 letters sent, 12,958 reached their respective addressees and 577 were
unsuccessful, i.e. 4.3% (not living at the stated address, referral, or damaged mailboxes).
2,394 letters with or without urine samples were received at our laboratory, i.e. 18.5% of
responses.

183 The average response time after receipt of the self-sampling kit at home was 35 days with a184 median of 21 days (5 - 462 days).

185 *Participation rate*

186 Of these responses, 479 women were excluded from the study for the following reasons: 345 women for medical history of hysterectomy; 63 women due to recently having had a smear 187 test; 37 women refused to participate in the study; 34 women for other reasons, such as patient 188 189 residing outside the department, death, incomplete file, hospitalization, or unidentified reason (Figure 1). 1,915 women were included in the CapU3 study (letter received with the urine 190 sample and signed consent without exclusion criteria), with a participation rate of 15.4% 191 (Figure 1). Indeed, the participation rate was significantly different between age groups 45-49 192 (16.9%) and 50-54 (14.2%) (p = 0.014); between age groups 45-49 and 55-59 (14.1%) (p = 193 0.020); between age groups 45-49 and over 60 years old (13.4%) (p < 0.001). The mean age 194 of women included was 53.8 ± 8.5 years. 195

196 *HPV prevalence*

Out of the 1,915 samples analyzed, 1,711 were negative and 190 were positive (detection of
HR-HPV), i.e. an HR-HPV prevalence of 9.9% (95% Confidence Interval, [CI]: 8.7%-9

199 11.3%). There were only 14 samples with no internal control amplification (0.7%) and thus 200 HPV DNA detection could not be validated. The mean age of HPV-infected women was 54.2201 ± 8.7 years and the mean age of non-HPV infected women was 53.8 ± 8.5 years.

Among the 190 HR-HPV positive samples, genotypes other than HR-HPV-16/18 were the most frequently detected (p<0.0001) (Table 1). HPV-16 or HPV-18 was detected in coinfection with other HR-HPV types in 16/190 or 8.4% of our patients. The mean age of women infected by HPV-16 was 58.4 ± 6.0 years, and the mean age of women with coinfection was 55.0 ± 8.5 years. The mean age of women with HR-HPV other than 16/18 was 53.4 ± 8.8 years.

208

Independently of single infection- or coinfection, the distribution of HR-HPV types showed
that the main genotype identified was HPV-53 (23.7%) followed by HPV-68 (14.2%), HPV16 (13.2%), and HPV-31 (12.1%). HPV-18 was detected in only 6.3% of cases (Figure 2).
Distribution of HR-HPV types among HR-HPV positive women and according to IARC
classification was: 131/190, 68.9% group 1; 21/190, 11.1% group 2A and 38/190, 20.0%
group 2B.

Multi-strain infections with two or more HR-HPV genotypes were identified in 30.0% of
cases. Single infection was diagnosed for the majority (70.0%).

217 Gynecological follow up, cytological and histological results

190 women were referred to their general practitioners or gynecologists for a cytology test and/or colposcopy following a positive urinary HPV test. Of the 190 HPV-positive women, 175 of them carried out a Pap smear and one woman was monitored for anal cancer (in this case, Pap smear is contraindicated for two years after radiotherapy). Therefore, the percentage of Pap smears performed after a urinary HPV test was 92.1%. The cytological results showed

148 (84.6%) satisfactory Pap smears without dysplasia, 23 (13.1%) abnormal Pap smears, two 223 inflammatory Pap smears (1.1%), and two unsatisfactory Pap smears (1.1%). Of the 23 224 abnormal smears, four HSIL (17.4%), 15 LSIL (65.2%), and four ASC-US (17.4%) were 225 diagnosed. Colposcopy with biopsy confirmed six CIN 1 lesions, eight CIN 2-3, and seven 226 without dysplasia (Table 2). Seven CIN 3 lesions correspond to four HSIL, two LSIL, and one 227 ASC-US. The prevalence of high-grade lesions in the present study was 8/23 abnormal 228 smears, i.e. 35%. Despite reminders, two women refused to consult their gynecologists to 229 have a colposcopy. 230

The age of women with HSIL (43.8 \pm 6.0 years) was significantly different from those with normal Pap smears (53.8 \pm 9.1 years; p = 0.039) and those with LSIL (55.4 \pm 5.5; p = 0.014). Women with HSIL tended to be younger than those with normal Pap smears and LSIL Pap smears.

235

It is interesting to note that the HR-HPV genotypes implicated in high-grade cervical lesions
(CIN 3 lesions) were mostly HPV-31 and HPV-51 in single infection or coinfection.

Of the 190 HR-HPV patients, 36 women (18.9%) were infected with HPV-16 and/or HPV-18 (single or coinfection with other HR-HPV types). The cytological results in these 36 women were as follows: 26 normal smears, one HSIL, four LSIL, one unsatisfactory, and four not performed. The HPV-16 genotype was associated with high-grade cervical lesions in two patients (one in single infection and one in coinfection).

244 **Discussion**

In this study, the main objective of increasing cervical cancer screening coverage in our department was largely achieved as we invited almost all women aged 35 to 65 years, i.e. 13,535 women, who had not yet had a Pap smear since 2010.

The CapU3 study has shown high levels of acceptance of urinary self-sampling by 248 participants. We gained two participation points compared to the previous CapU1 study 249 conducted in our department. Indeed, in the CapU3 study, we estimated a participation rate of 250 15.4% versus 13.7% in the CapU1 study (12), while the women invited to the CapU3 study 251 had not had a Pap smear for at least seven years versus three years in the CapU1 study. The 252 CapU1 study was the first to evaluate a new strategy involving HPV detection in urinary self-253 sampling at home, in addition to a cervical cancer screening program. In our study, it would 254 255 appear that the participation rate in the 45-49 age group was higher but this result must be interpreted with caution because of a larger number of exclusions in the age group of 55 years 256 old and above (hysterectomy). 257

Our overall participation rate is hopeful and similar to that recently published in Arbyn's 258 259 meta-analysis, namely 19.2% (95% CI: 15.7 - 23%), knowing that our study concerns women who are very reluctant to have a Pap smear (no Pap smear over the past seven years and no 260 response to four or five reminders to have a Pap smear). The participation rate in this meta-261 analysis was determined from 21 studies involving women who were not regularly screened 262 and received a vaginal self-sampling kit at home. This meta-analysis also showed that 263 264 strategies for sending self-sampling kits to patients at home or door-to-door actions are more effective than "opt-in" strategies in which women take the initiative to request a self-sampling 265 kit or common nationally organized screening programs with invitation letters to have a 266 267 cervical smear (10% of response rate) (19).

The average response time after receipt of the urinary self-sampling kit at home was 35 days with a median time of 21 days. This result shows that it is not appropriate to send reminders by mail to women within a month of receiving the first invitation letter.

In the present study, virological analysis included data on HPV prevalence, distribution of
HPV genotypes and their respective impacts on the development of cervical lesions.

273 The prevalence of HPV infection depends on parameters including the age of patients, socioeconomic level, and the presence of cervical lesions (20,21). Age is a factor to consider in 274 order to evaluate the prevalence of HPV infection. Indeed, the first peak of prevalence is 275 observed in young women under 25 years old, a phenomenon related to their sexual activity. 276 277 The second peak is found in postmenopausal women aged over 50 years old. In the CapU3 278 study, we reported HPV prevalence at 9.9% in accordance with international data (20). The HPV prevalence, higher in the CapU3 than in the first CapU1 study (4.2%), may be explained 279 by the younger age of the invited women (35-65 years in CapU3 versus 40-65 years in 280 281 CapU1) and by the highest number of genotypes detected by the technique used (19 HR-HPV in CapU3 versus 14 in CapU1). Several studies have also shown that HPV prevalence in urine 282 was higher in symptomatic women monitored for abnormal smears than in asymptomatic 283 women participating in routine screening (22,23). In our previous work (the PapU study), 284 high HPV prevalence, i.e. 42%, was discovered in symptomatic women who had been 285 referred to gynecological consultations for abnormal smears. Moreover, the mean age in the 286 PapU study was lower than in the CapU3 study (36 years old versus 54 years old) (23). 287

The CapU3 study confirms our previous results on the predominance of HR-HPV types other than genotypes 16/18 among the HPV cases detected, regardless of the cytological results (12). It was primarily the HPV-53 genotype detected in our target population with detection in 23.7% of HPV-positive samples followed by genotype 68 detected in 14.2%. HPV-16 and HPV-18 represented 13.2% and 6.3%, respectively, of HPV-positive samples, regardless of
the cytological results and these results were equivalent to the prevalence described in France:
15.2% for HPV-16 and 2.4% for HPV-18 (24).

295 Coinfection with multiple HR-HPV types was frequently detected regardless of the 296 cytological results, as previously described in other studies (12,25).

297

Monitoring is frequently difficult in experimental studies. In our study, a successful 298 gynecological follow-up after positive urinary HPV testing was obtained with a rate of 92.1% 299 of women having a Pap smear. Planned calls to the patients' physicians or gynecologists 300 permitted successful monitoring. Nevertheless, 15 women did not have a Pap smear after the 301 invitation and reminders (two reminders, the last of which was a follow-up letter). Among 302 303 these women, one woman was monitored for anal cancer and radiotherapy treatment, contraindicating the Pap smear for two years. One woman consulted her physician without 304 planning a Pap smear. After the physician's call, 13 women were unknown by the physicians 305 306 or gynecologists. Among women with a Pap smear result, two women refused to consult their gynecologists and were very reluctant to have a colposcopy. 307

Colposcopy with biopsies confirmed seven CIN 3 and one CIN 2 lesions. As previously described, the sensitivity in urine samples for detecting CIN 2+ (95% for morning first-void urine and 100% for first-void urine from later during the day) was satisfactory because it did not significantly differ to Pap smear sensitivity (100%) or sensitivity of brush-based selfsample (100%) (26).

In this study, we reported a predominance of HR-HPV types other than HPV-16/HPV-18 in abnormal smears. In the French HPV reference laboratory, HPV prevalence increased with the severity of lesions and HR-HPV genotypes other than 16/18 were more frequently

described in normal, ASC-US, and LSIL cervical smears (24). HPV-53 genotype was the 316 second most frequently detected genotype with HPV-66 after HPV-16 in the cervical cancer 317 screenings (24). In the CapU3 study, HPV-53 was associated with coinfection with one CIN 1 318 and one CIN 3 lesions, but it was probably not the genotype responsible for the severity of 319 these lesions. HPV-16 genotype was associated with two CIN 3 lesions: with HSIL smear in 320 one woman (1/4, 25%) and with LSIL smear in another one (1/15, 7%). The CapU3 study 321 therefore confirms the accuracy of urine samples in detecting high-grade cervical lesions. The 322 prevalence of high-grade lesions in the present study was 35%. Indeed, genotypes 31 and 51 323 were most frequently implicated in the CIN 3 lesions, suggesting a significant role of these 324 HR-HPV types that are not HPV-16/HPV-18 in oncogenic HPV persistence and progressive 325 development into severe cervical lesions. Knowing that currently available HPV vaccines do 326 not protect against HPV-51, the emergence of this genotype in the future could have an 327 328 impact on public health.

329

330 No HPV assay is currently marked for first-void urine. However, Pathak et al. demonstrated 331 that the sensitivity and specificity of HPV DNA detection in urine samples (by PCR for most methods) were satisfactory (87% and 94% respectively) and that testing first-void urine 332 samples was more accurate than random or midstream sampling (14). Nevertheless, an update 333 of this review would be useful because of the current standardized and optimized protocols 334 given in recent studies (27). Since December 2017, a study on the accuracy of HPV testing 335 (VALHUDES study) has been ongoing in order to compare the clinical sensitivity and the 336 specificity of the test on vaginal and urinary self-sampling with the HPV testing on cervical 337 samples. Five assays will be evaluated, including the Anyplex II HPV HR detection 338 (Seegene®). The VALHUDES protocol provides a framework for the validation of HPV 339 assays on self-sampling, potentially allowing the use of these assays in primary screening. 340

341 The reproducibility of this study in other countries would be interesting for generating342 additional comparative data (28).

In our study, invalid results were scarce despite the fact that many factors may impact HPV 343 DNA amplification, such as the frequency of inhibitors in urine, storage of urine, 344 centrifugation procedure, DNA extraction procedure, and HPV DNA assay (13). 345 Nevertheless, only 0.7% invalid results were observed, suggesting that urine self-sampling at 346 home is an efficient method to screen for HPV infection. The sensitivity of HPV detection 347 increases in urine when urine samples were collected as first-void compared with random or 348 midstream (p = 0.004) (14). For the CapU3 study, our sampling protocol recommended urine 349 collection on the first-stream urine, but this, of course, could not be checked. 350

351

In conclusion, this study confirms better acceptance of urinary HPV testing for women who 352 are reluctant to have a cervical smear. Urine self-sampling is a good alternative method to Pap 353 smears because this well-known method is not invasive, is easy to do, and does not require 354 specialized consultation. Urine self-sampling is effective and sensitive for detecting high-355 grade cervical lesions and provides an alternative to screening and following-up women 356 reluctant to participate in the usual cervical screening program. Therefore, we conclude that 357 358 urinary HPV testing may be relevant for women who do not have regular cervical smears and thus extend screening coverage in our department. Urine self-sampling could be used in the 359 future as an approach to cervical cancer screening and may therefore become an important 360 361 tool in cervical cancer elimination plans. This innovative approach is also the subject of many other research projects (27,28). 362

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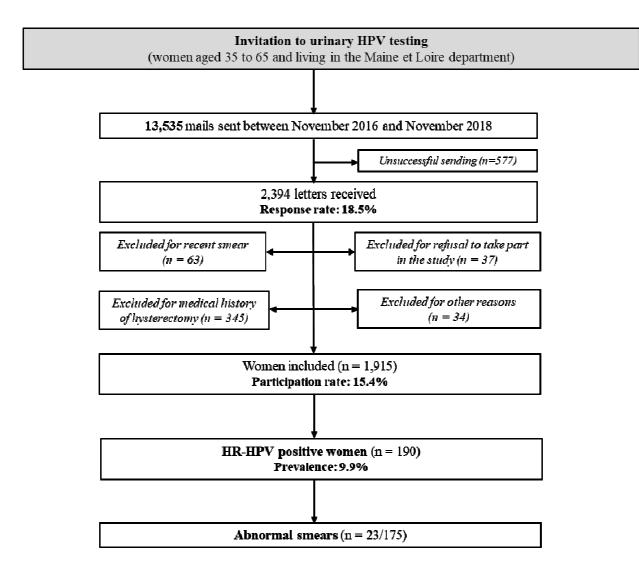


Figure 1: Flow chart describing response rate, participation rate, women excluded and included, rate of high-risk HPV-positive women and number of abnormal smears.

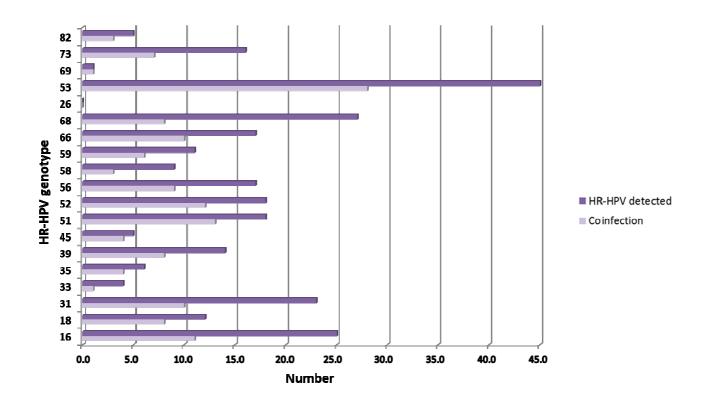


Figure 2: Distribution of HR-HPV genotypes among the 190 HR-HPV positive women. The dark purple bar corresponds to number of HR-HPV detected by types and the light purple bar represents number of HR-HPV detected by types in coinfection.

| HPV groups | Prevalence | 95%CI | <i>p</i> value* |
|-----------------------------------|-----------------|------------|-----------------|
| HR-HPV genotypes other than 16/18 | 81.1% (154/190) | 74.9-86.0% | |
| HPV-16 single infection | 7.4% (14/190) | 4.4-12.0% | p<0.0001 |
| HPV-16 + HR-HPV coinfection | 5.3% (10/190) | 2.9-9.4% | p<0.0001 |
| HPV-18 single infection | 2.6% (5/190) | 1.1-6.0% | p<0.0001 |
| HPV-18 + HR-HPV coinfection | 3.2% (6/190) | 1.5-6.7% | p<0.0001 |
| HPV-16 + HPV-18 | 0.5% (1/190) | 0.09-2.9% | p<0.0001 |

Table 1: The prevalence of HPV-16, HPV-18 and HR-HPV genotypes other than 16/18 in single infection or coinfection. 95% Confidence Interval (CI). Significant at p < 0.05.

* p value corresponds to comparison between prevalence of HR-HPV genotypes other than

16/18 and prevalence of each other group.

| Table 2: | Cytological | and | histological | results | of | abnormal | smears | according | to | age | and |
|-----------|-------------|-----|--------------|---------|----|----------|--------|-----------|----|-----|-----|
| genotypes | | | | | | | | | | | |
| genotypes | • | | | | | | | | | | |

| Age of patient | HPV Genotype | Cytological Result | Histological Result |
|----------------|----------------|--------------------|---------------------|
| 41 | 51 | HSIL | High-grade CIN 3 |
| 52 | 31, 53 | HSIL | High-grade CIN 3 |
| 38 | 31 | HSIL | High-grade CIN 3 |
| 43 | 16 | HSIL | High-grade CIN 3 |
| 62 | 56 | LSIL | High-grade CIN 3 |
| 61 | 16, 52 | LSIL | High-grade CIN 3 |
| 46 | 33 | LSIL | High-grade CIN 2 |
| 56 | 45, 53, 66, 73 | LSIL | Low-grade CIN 1 |
| 64 | 52 | LSIL | Low-grade CIN 1 |
| 50 | 82 | LSIL | Low-grade CIN 1 |
| 60 | 39, 51 | LSIL | Low-grade CIN 1 |
| 54 | 16, 51, 53, 66 | LSIL | without dysplasia |
| 58 | 51,66 | LSIL | without dysplasia |
| 51 | 39 | LSIL | without dysplasia |
| 65 | 16, 39, 56 | LSIL | without dysplasia |
| 59 | 16 | LSIL | without dysplasia |
| 48 | 56 | LSIL | without dysplasia |
| 56 | 58 | LSIL | Missing data |
| 50 | 51, 66, 73 | LSIL | Missing data |
| 62 | 51 | ASC-US | High-grade CIN 3 |
| 51 | 56, 66 | ASC-US | Low-grade CIN 1 |
| 52 | 56 | ASC-US | Low-grade CIN 1 |
| 62 | 58 | ASC-US | without dysplasia |

HSIL: high-grade squamous intraepithelial lesion; LSIL: low-grade squamous intraepithelial lesion; ASC-US: atypical squamous cells of unknown significance; CIN: cervical intraepithelial neoplasia.